US HARBORS www.USHarbors.com

Mount Sinai, NY - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:34	5.8	4:06	5.4	10:16	0.3	10:32	0.5	6:25	5:43	
2	Sun	4:28	5.8	5:04	5.3	11:15	0.3	11:33	0.5	6:24	5:44	
3	Mon	5:29	5.9	6:07	5.4			12:18	0.3	6:22	5:45	
4	Tue	6:34	6.0	7:10	5.6	12:37	0.3	1:20	0.1	6:21	5:46	
5	Wed	7:37	6.3	8:10	5.9	1:40	0.1	2:20	-0.2	6:19	5:47	
6	Thu	8:36	6.6	9:06	6.4	2:40	-0.3	3:16	-0.5	6:17	5:48	
7	Fri	9:31	6.9	9:58	6.7	3:37	-0.6	4:09	-0.8	6:16	5:50	
8	Sat	10:23	7.1	10:49	7.0	4:31	-0.9	4:59	-1.0	6:14	5:51	
9	Sun	11:15	7.2	11:39	7.2	5:24	-1.1	5:49	-1.1	6:13	5:52	
10	Mon			12:06	7.1	6:16	-1.2	6:37	-1.0	6:11	5:53	
11	Tue	12:29	7.1	12:57	6.8	7:07	-1.0	7:27	-0.8	6:09	5:54	
12	Wed	1:20	7.0	1:49	6.5	8:00	-0.8	8:17	-0.5	6:08	5:55	
13	Thu	2:12	6.7	2:43	6.2	8:54	-0.5	9:10	-0.1	6:06	5:56	
14	Fri	3:06	6.4	3:38	5.8	9:50	-0.1	10:07	0.2	6:04	5:57	
15	Sat	4:02	6.1	4:37	5.6	10:48	0.2	11:06	0.5	6:03	5:58	
16	Sun	5:02	5.8	5:38	5.4	11:48	0.4			6:01	5:59	
17	Mon	6:05	5.6	6:39	5.4	12:07	0.6	12:48	0.5	5:59	6:01	
18	Tue	7:06	5.6	7:36	5.5	1:06	0.7	1:44	0.5	5:58	6:02	
19	Wed	8:01	5.7	8:27	5.7	2:02	0.6	2:35	0.4	5:56	6:03	
20	Thu	8:50	5.8	9:12	5.9	2:53	0.4	3:21	0.3	5:54	6:04	
21	Fri	9:34	5.9	9:53	6.0	3:38	0.2	4:02	0.2	5:53	6:05	
22	Sat	10:13	6.0	10:31	6.2	4:20	0.0	4:40	0.1	5:51	6:06	
23	Sun	10:51	6.1	11:07	6.3	4:59	-0.1	5:17	0.1	5:49	6:07	
24	Mon	11:28	6.1	11:42	6.3	5:37	-0.2	5:52	0.1	5:48	6:08	
25	Tue			12:05	6.1	6:14	-0.2	6:28	0.1	5:46	6:09	
26	Wed	12:18	6.3	12:43	6.0	6:51	-0.2	7:04	0.2	5:44	6:10	
27	Thu	12:55	6.3	1:22	6.0	7:30	-0.1	7:43	0.3	5:43	6:11	
28	Fri	1:34	6.3	2:04	5.9	8:12	0.0	8:25	0.4	5:41	6:12	
29	Sat	2:18	6.2	2:51	5.8	8:58	0.1	9:14	0.5	5:39	6:13	
30	Sun	3:07	6.1	3:43	5.7	9:51	0.2	10:10	0.6	5:38	6:14	
31	Mon	4:03	6.1	4:41	5.6	10:50	0.3	11:12	0.5	5:36	6:15	