

Mount Sinai, NY - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:27	5.4	3:44	5.3	9:55	0.7	10:16	0.4	7:16	4:34	
2	Tue	4:14	5.4	4:36	5.2	10:49	0.7	11:06	0.5	7:17	4:35	
3	Wed	5:05	5.5	5:31	5.2	11:45	0.6	11:58	0.4	7:17	4:36	
4	Thu	5:58	5.7	6:29	5.2			12:43	0.4	7:17	4:37	
5	Fri	6:52	6.0	7:27	5.3	12:52	0.4	1:40	0.1	7:17	4:38	
6	Sat	7:46	6.3	8:22	5.5	1:47	0.2	2:35	-0.2	7:16	4:39	
7	Sun	8:40	6.6	9:16	5.7	2:41	0.0	3:29	-0.5	7:16	4:40	
8	Mon	9:32	6.9	10:08	6.0	3:35	-0.2	4:21	-0.8	7:16	4:41	
9	Tue	10:24	7.1	10:59	6.1	4:28	-0.5	5:13	-1.0	7:16	4:42	
10	Wed	11:16	7.1	11:51	6.3	5:21	-0.6	6:04	-1.1	7:16	4:43	
11	Thu			12:10	7.1	6:15	-0.7	6:56	-1.0	7:15	4:44	
12	Fri	12:45	6.3	1:04	6.9	7:10	-0.6	7:48	-0.9	7:15	4:45	
13	Sat	1:39	6.3	2:00	6.6	8:07	-0.5	8:41	-0.8	7:15	4:46	
14	Sun	2:35	6.3	2:56	6.3	9:06	-0.3	9:36	-0.5	7:14	4:47	
15	Mon	3:32	6.2	3:55	5.9	10:07	-0.2	10:32	-0.3	7:14	4:48	
16	Tue	4:30	6.1	4:56	5.6	11:09	0.0	11:30	0.0	7:14	4:50	
17	Wed	5:29	6.0	5:58	5.3			12:12	0.1	7:13	4:51	
18	Thu	6:28	6.0	7:00	5.2	12:27	0.1	1:12	0.1	7:13	4:52	
19	Fri	7:25	6.0	7:58	5.2	1:24	0.2	2:09	0.0	7:12	4:53	
20	Sat	8:18	6.0	8:49	5.3	2:18	0.3	3:01	0.0	7:11	4:54	
21	Sun	9:06	6.1	9:36	5.4	3:08	0.3	3:48	-0.1	7:11	4:55	
22	Mon	9:50	6.1	10:18	5.5	3:54	0.2	4:30	-0.2	7:10	4:57	
23	Tue	10:31	6.1	10:58	5.5	4:37	0.2	5:09	-0.2	7:09	4:58	
24	Wed	11:09	6.1	11:36	5.6	5:17	0.1	5:47	-0.2	7:09	4:59	
25	Thu	11:48	6.0			5:55	0.1	6:23	-0.2	7:08	5:00	
26	Fri	12:13	5.6	12:25	6.0	6:33	0.1	6:59	-0.1	7:07	5:01	
27	Sat	12:51	5.6	1:04	5.9	7:12	0.2	7:35	-0.1	7:06	5:03	
28	Sun	1:28	5.6	1:43	5.7	7:51	0.2	8:12	0.0	7:05	5:04	
29	Mon	2:07	5.6	2:24	5.6	8:33	0.3	8:52	0.1	7:05	5:05	
30	Tue	2:47	5.6	3:08	5.4	9:19	0.3	9:35	0.2	7:04	5:06	
31	Wed	3:31	5.6	3:58	5.3	10:10	0.4	10:23	0.3	7:03	5:08	