

## Mount Sinai, NY - Nov 2003

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 4:42  | 5.8 | 5:06  | 6.1 | 11:12 | 0.9  | 11:54 | 0.5  | 6:22                                                                                | 4:48 |    |
| 2    | Sun | 5:49  | 5.8 | 6:14  | 6.0 |       |      | 12:20 | 0.8  | 6:23                                                                                | 4:47 |    |
| 3    | Mon | 6:52  | 5.9 | 7:16  | 6.0 | 12:55 | 0.5  | 1:23  | 0.7  | 6:25                                                                                | 4:46 |    |
| 4    | Tue | 7:49  | 6.2 | 8:12  | 6.0 | 1:50  | 0.5  | 2:20  | 0.5  | 6:26                                                                                | 4:45 |    |
| 5    | Wed | 8:37  | 6.4 | 9:00  | 6.0 | 2:39  | 0.4  | 3:11  | 0.3  | 6:27                                                                                | 4:44 |    |
| 6    | Thu | 9:20  | 6.5 | 9:43  | 6.0 | 3:23  | 0.4  | 3:56  | 0.2  | 6:28                                                                                | 4:42 |    |
| 7    | Fri | 9:58  | 6.6 | 10:23 | 6.0 | 4:03  | 0.4  | 4:37  | 0.1  | 6:29                                                                                | 4:41 |    |
| 8    | Sat | 10:35 | 6.6 | 11:02 | 6.0 | 4:41  | 0.5  | 5:15  | 0.1  | 6:31                                                                                | 4:40 |    |
| 9    | Sun | 11:10 | 6.6 | 11:40 | 5.9 | 5:17  | 0.6  | 5:52  | 0.1  | 6:32                                                                                | 4:39 |    |
| 10   | Mon | 11:45 | 6.4 |       |     | 5:53  | 0.7  | 6:28  | 0.2  | 6:33                                                                                | 4:38 |    |
| 11   | Tue | 12:19 | 5.7 | 12:22 | 6.3 | 6:30  | 0.8  | 7:06  | 0.3  | 6:34                                                                                | 4:37 |    |
| 12   | Wed | 12:58 | 5.6 | 1:01  | 6.1 | 7:08  | 1.0  | 7:46  | 0.5  | 6:35                                                                                | 4:36 |   |
| 13   | Thu | 1:40  | 5.5 | 1:42  | 6.0 | 7:49  | 1.1  | 8:28  | 0.6  | 6:36                                                                                | 4:35 |  |
| 14   | Fri | 2:24  | 5.4 | 2:28  | 5.8 | 8:35  | 1.2  | 9:15  | 0.7  | 6:38                                                                                | 4:35 |  |
| 15   | Sat | 3:12  | 5.3 | 3:18  | 5.7 | 9:26  | 1.2  | 10:07 | 0.8  | 6:39                                                                                | 4:34 |  |
| 16   | Sun | 4:03  | 5.3 | 4:13  | 5.7 | 10:23 | 1.2  | 11:01 | 0.7  | 6:40                                                                                | 4:33 |  |
| 17   | Mon | 4:57  | 5.5 | 5:12  | 5.7 | 11:23 | 1.1  | 11:56 | 0.6  | 6:41                                                                                | 4:32 |  |
| 18   | Tue | 5:53  | 5.7 | 6:12  | 5.8 |       |      | 12:23 | 0.8  | 6:42                                                                                | 4:31 |  |
| 19   | Wed | 6:47  | 6.1 | 7:10  | 6.0 | 12:50 | 0.4  | 1:21  | 0.4  | 6:44                                                                                | 4:31 |  |
| 20   | Thu | 7:39  | 6.5 | 8:05  | 6.2 | 1:42  | 0.2  | 2:16  | 0.0  | 6:45                                                                                | 4:30 |  |
| 21   | Fri | 8:29  | 7.0 | 8:57  | 6.4 | 2:32  | -0.1 | 3:10  | -0.4 | 6:46                                                                                | 4:29 |  |
| 22   | Sat | 9:18  | 7.4 | 9:48  | 6.5 | 3:21  | -0.3 | 4:02  | -0.7 | 6:47                                                                                | 4:29 |  |
| 23   | Sun | 10:06 | 7.6 | 10:39 | 6.5 | 4:11  | -0.4 | 4:53  | -0.9 | 6:48                                                                                | 4:28 |  |
| 24   | Mon | 10:56 | 7.6 | 11:31 | 6.5 | 5:00  | -0.4 | 5:44  | -0.9 | 6:49                                                                                | 4:27 |  |
| 25   | Tue | 11:47 | 7.5 |       |     | 5:52  | -0.4 | 6:36  | -0.8 | 6:50                                                                                | 4:27 |  |
| 26   | Wed | 12:24 | 6.3 | 12:41 | 7.3 | 6:45  | -0.2 | 7:30  | -0.6 | 6:51                                                                                | 4:26 |  |
| 27   | Thu | 1:19  | 6.2 | 1:38  | 6.9 | 7:41  | 0.0  | 8:26  | -0.3 | 6:53                                                                                | 4:26 |  |
| 28   | Fri | 2:17  | 6.0 | 2:36  | 6.5 | 8:41  | 0.3  | 9:24  | 0.0  | 6:54                                                                                | 4:26 |  |
| 29   | Sat | 3:17  | 5.8 | 3:38  | 6.1 | 9:44  | 0.5  | 10:24 | 0.2  | 6:55                                                                                | 4:25 |  |
| 30   | Sun | 4:19  | 5.7 | 4:41  | 5.8 | 10:50 | 0.7  | 11:24 | 0.4  | 6:56                                                                                | 4:25 |  |