

Mount Sinai, NY - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:21	5.7	5:44	5.6	11:55	0.7			6:57	4:24	
2	Tue	6:21	5.8	6:45	5.5	12:21	0.5	12:57	0.6	6:58	4:24	
3	Wed	7:16	6.0	7:41	5.5	1:14	0.5	1:53	0.5	6:59	4:24	
4	Thu	8:05	6.1	8:31	5.5	2:04	0.5	2:44	0.3	7:00	4:24	
5	Fri	8:49	6.2	9:17	5.6	2:49	0.5	3:29	0.1	7:01	4:24	
6	Sat	9:29	6.3	9:58	5.6	3:32	0.5	4:11	0.0	7:02	4:24	
7	Sun	10:07	6.3	10:38	5.6	4:12	0.5	4:50	0.0	7:03	4:23	
8	Mon	10:44	6.3	11:17	5.6	4:50	0.5	5:28	0.0	7:04	4:23	
9	Tue	11:21	6.2	11:55	5.5	5:29	0.6	6:05	0.0	7:04	4:23	
10	Wed	11:59	6.1			6:07	0.6	6:43	0.1	7:05	4:24	
11	Thu	12:35	5.5	12:38	6.0	6:46	0.7	7:22	0.2	7:06	4:24	
12	Fri	1:15	5.4	1:19	5.9	7:27	0.7	8:03	0.2	7:07	4:24	
13	Sat	1:58	5.4	2:03	5.8	8:11	0.8	8:47	0.3	7:08	4:24	
14	Sun	2:42	5.4	2:50	5.8	9:00	0.8	9:34	0.3	7:08	4:24	
15	Mon	3:30	5.5	3:42	5.7	9:53	0.7	10:25	0.3	7:09	4:24	
16	Tue	4:21	5.6	4:38	5.6	10:52	0.6	11:17	0.3	7:10	4:25	
17	Wed	5:15	5.9	5:38	5.6	11:52	0.4			7:10	4:25	
18	Thu	6:11	6.2	6:38	5.6	12:12	0.2	12:52	0.1	7:11	4:25	
19	Fri	7:07	6.5	7:38	5.7	1:07	0.0	1:51	-0.2	7:12	4:26	
20	Sat	8:02	6.8	8:35	5.9	2:02	-0.1	2:48	-0.5	7:12	4:26	
21	Sun	8:55	7.1	9:29	6.0	2:56	-0.3	3:43	-0.8	7:13	4:27	
22	Mon	9:47	7.3	10:22	6.1	3:50	-0.4	4:36	-0.9	7:13	4:27	
23	Tue	10:40	7.3	11:15	6.2	4:43	-0.5	5:28	-1.0	7:14	4:28	
24	Wed	11:33	7.2			5:37	-0.5	6:20	-0.9	7:14	4:28	
25	Thu	12:08	6.1	12:26	7.0	6:30	-0.4	7:12	-0.7	7:15	4:29	
26	Fri	1:01	6.0	1:20	6.7	7:25	-0.2	8:04	-0.5	7:15	4:29	
27	Sat	1:56	5.9	2:15	6.3	8:22	0.0	8:57	-0.2	7:15	4:30	
28	Sun	2:51	5.8	3:11	5.9	9:20	0.3	9:51	0.0	7:16	4:31	
29	Mon	3:47	5.7	4:08	5.6	10:20	0.4	10:45	0.3	7:16	4:31	
30	Tue	4:43	5.6	5:07	5.3	11:21	0.5	11:38	0.4	7:16	4:32	
31	Wed	5:39	5.6	6:06	5.1			12:20	0.6	7:16	4:33	