

Mount Sinai, NY - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:23	5.6	7:47	6.5	1:37	0.5	1:45	0.7	5:24	8:28	
2	Thu	8:23	5.5	8:42	6.5	2:35	0.5	2:40	0.9	5:24	8:27	
3	Fri	9:18	5.5	9:33	6.5	3:29	0.4	3:33	0.9	5:25	8:27	
4	Sat	10:08	5.6	10:20	6.4	4:19	0.4	4:23	0.9	5:25	8:27	
5	Sun	10:54	5.7	11:03	6.4	5:04	0.4	5:09	0.9	5:26	8:27	
6	Mon	11:36	5.8	11:44	6.4	5:46	0.3	5:52	0.9	5:26	8:27	
7	Tue			12:16	5.9	6:25	0.3	6:33	0.8	5:27	8:26	
8	Wed	12:24	6.4	12:54	6.0	7:02	0.3	7:12	0.8	5:28	8:26	
9	Thu	1:02	6.3	1:32	6.0	7:39	0.3	7:51	0.8	5:28	8:25	
10	Fri	1:41	6.3	2:10	6.1	8:14	0.4	8:31	0.8	5:29	8:25	
11	Sat	2:20	6.2	2:48	6.1	8:51	0.4	9:12	0.8	5:30	8:25	
12	Sun	3:00	6.0	3:26	6.2	9:28	0.5	9:55	0.8	5:31	8:24	
13	Mon	3:42	5.9	4:07	6.2	10:07	0.6	10:42	0.8	5:31	8:24	
14	Tue	4:28	5.7	4:51	6.3	10:50	0.7	11:34	0.8	5:32	8:23	
15	Wed	5:18	5.6	5:40	6.4	11:39	0.8			5:33	8:22	
16	Thu	6:15	5.5	6:35	6.4	12:30	0.7	12:33	0.9	5:34	8:22	
17	Fri	7:15	5.5	7:35	6.6	1:30	0.6	1:32	0.9	5:34	8:21	
18	Sat	8:18	5.6	8:36	6.8	2:31	0.5	2:34	0.8	5:35	8:21	
19	Sun	9:18	5.8	9:36	7.0	3:31	0.2	3:36	0.5	5:36	8:20	
20	Mon	10:16	6.1	10:33	7.2	4:29	0.0	4:35	0.3	5:37	8:19	
21	Tue	11:11	6.4	11:29	7.4	5:24	-0.3	5:33	0.0	5:38	8:18	
22	Wed			12:04	6.7	6:16	-0.5	6:29	-0.1	5:39	8:17	
23	Thu	12:23	7.4	12:57	6.9	7:07	-0.5	7:24	-0.2	5:40	8:17	
24	Fri	1:16	7.3	1:49	7.0	7:56	-0.5	8:19	-0.2	5:41	8:16	
25	Sat	2:09	7.0	2:41	7.1	8:46	-0.4	9:14	-0.1	5:41	8:15	
26	Sun	3:03	6.7	3:33	7.0	9:36	-0.2	10:10	0.1	5:42	8:14	
27	Mon	3:57	6.3	4:26	6.9	10:27	0.2	11:08	0.3	5:43	8:13	
28	Tue	4:53	6.0	5:20	6.7	11:20	0.5			5:44	8:12	
29	Wed	5:51	5.7	6:17	6.4	12:06	0.5	12:16	0.8	5:45	8:11	
30	Thu	6:52	5.5	7:15	6.3	1:06	0.7	1:13	1.0	5:46	8:10	
31	Fri	7:53	5.4	8:13	6.2	2:04	0.8	2:11	1.1	5:47	8:09	