

Mount Sinai, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:04	6.0	6:14	-0.1	6:20	0.6	5:49	7:48	
2	Sat	12:10	6.6	12:43	5.9	6:52	0.0	6:58	0.7	5:48	7:49	
3	Sun	12:48	6.5	1:22	5.8	7:30	0.1	7:36	0.8	5:47	7:50	
4	Mon	1:26	6.3	2:02	5.7	8:08	0.2	8:15	0.9	5:45	7:51	
5	Tue	2:06	6.1	2:43	5.6	8:47	0.4	8:57	1.1	5:44	7:52	
6	Wed	2:48	6.0	3:26	5.5	9:29	0.6	9:42	1.2	5:43	7:53	
7	Thu	3:34	5.8	4:12	5.5	10:14	0.7	10:31	1.2	5:42	7:54	
8	Fri	4:22	5.7	5:00	5.5	11:02	0.8	11:24	1.2	5:41	7:56	
9	Sat	5:14	5.6	5:51	5.5	11:53	0.9			5:40	7:57	
10	Sun	6:10	5.6	6:43	5.7	12:20	1.1	12:45	0.8	5:39	7:58	
11	Mon	7:07	5.6	7:36	6.0	1:18	0.9	1:37	0.8	5:38	7:59	
12	Tue	8:03	5.7	8:26	6.4	2:14	0.7	2:28	0.6	5:36	8:00	
13	Wed	8:58	5.9	9:16	6.7	3:08	0.3	3:18	0.4	5:35	8:01	
14	Thu	9:49	6.1	10:04	7.1	4:00	-0.1	4:08	0.3	5:34	8:02	
15	Fri	10:40	6.3	10:53	7.3	4:52	-0.4	4:57	0.1	5:34	8:03	
16	Sat	11:30	6.4	11:42	7.4	5:42	-0.6	5:48	0.0	5:33	8:04	
17	Sun			12:22	6.4	6:34	-0.6	6:40	0.0	5:32	8:04	
18	Mon	12:34	7.4	1:15	6.4	7:26	-0.6	7:34	0.1	5:31	8:05	
19	Tue	1:29	7.3	2:10	6.3	8:19	-0.4	8:30	0.2	5:30	8:06	
20	Wed	2:26	7.0	3:07	6.2	9:15	-0.2	9:30	0.4	5:29	8:07	
21	Thu	3:25	6.7	4:06	6.2	10:13	0.0	10:34	0.5	5:28	8:08	
22	Fri	4:27	6.4	5:07	6.2	11:12	0.2	11:39	0.6	5:28	8:09	
23	Sat	5:30	6.1	6:08	6.2			12:12	0.4	5:27	8:10	
24	Sun	6:34	5.8	7:08	6.3	12:44	0.6	1:10	0.5	5:26	8:11	
25	Mon	7:36	5.7	8:05	6.4	1:47	0.6	2:05	0.6	5:25	8:12	
26	Tue	8:35	5.7	8:56	6.5	2:45	0.5	2:57	0.7	5:25	8:13	
27	Wed	9:28	5.7	9:43	6.6	3:38	0.3	3:45	0.7	5:24	8:13	
28	Thu	10:16	5.7	10:26	6.6	4:26	0.2	4:30	0.8	5:24	8:14	
29	Fri	10:59	5.8	11:06	6.6	5:10	0.2	5:13	0.8	5:23	8:15	
30	Sat	11:40	5.8	11:45	6.5	5:50	0.1	5:53	0.9	5:23	8:16	
31	Sun			12:20	5.8	6:29	0.2	6:33	0.9	5:22	8:17	