

## Mount Sinai, NY - May 2023

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 1:18  | 7.3 | 1:53  | 6.7 | 8:03  | -0.7 | 8:17  | -0.1 | 5:49                                                                                | 7:49 |    |
| 2    | Mon | 2:09  | 7.1 | 2:45  | 6.5 | 8:54  | -0.4 | 9:09  | 0.2  | 5:48                                                                                | 7:50 |    |
| 3    | Tue | 3:02  | 6.7 | 3:39  | 6.2 | 9:46  | -0.1 | 10:04 | 0.5  | 5:46                                                                                | 7:51 |    |
| 4    | Wed | 3:56  | 6.3 | 4:33  | 6.0 | 10:40 | 0.2  | 11:01 | 0.7  | 5:45                                                                                | 7:52 |    |
| 5    | Thu | 4:52  | 6.0 | 5:29  | 5.9 | 11:35 | 0.5  |       |      | 5:44                                                                                | 7:53 |    |
| 6    | Fri | 5:51  | 5.7 | 6:26  | 5.9 | 12:00 | 0.8  | 12:30 | 0.7  | 5:43                                                                                | 7:54 |    |
| 7    | Sat | 6:50  | 5.6 | 7:21  | 5.9 | 12:59 | 0.9  | 1:24  | 0.8  | 5:42                                                                                | 7:55 |    |
| 8    | Sun | 7:48  | 5.5 | 8:14  | 6.0 | 1:55  | 0.8  | 2:16  | 0.8  | 5:40                                                                                | 7:56 |    |
| 9    | Mon | 8:42  | 5.6 | 9:03  | 6.2 | 2:49  | 0.7  | 3:05  | 0.8  | 5:39                                                                                | 7:57 |    |
| 10   | Tue | 9:31  | 5.7 | 9:47  | 6.3 | 3:38  | 0.5  | 3:51  | 0.7  | 5:38                                                                                | 7:58 |    |
| 11   | Wed | 10:16 | 5.8 | 10:28 | 6.5 | 4:23  | 0.3  | 4:34  | 0.7  | 5:37                                                                                | 7:59 |    |
| 12   | Thu | 10:57 | 5.9 | 11:07 | 6.5 | 5:05  | 0.2  | 5:14  | 0.6  | 5:36                                                                                | 8:00 |   |
| 13   | Fri | 11:37 | 6.0 | 11:45 | 6.6 | 5:45  | 0.0  | 5:54  | 0.6  | 5:35                                                                                | 8:01 |  |
| 14   | Sat |       |     | 12:16 | 6.1 | 6:24  | 0.0  | 6:33  | 0.5  | 5:34                                                                                | 8:02 |  |
| 15   | Sun | 12:23 | 6.6 | 12:55 | 6.1 | 7:03  | -0.1 | 7:13  | 0.5  | 5:33                                                                                | 8:03 |  |
| 16   | Mon | 1:02  | 6.6 | 1:35  | 6.1 | 7:43  | -0.1 | 7:54  | 0.6  | 5:32                                                                                | 8:04 |  |
| 17   | Tue | 1:43  | 6.6 | 2:18  | 6.1 | 8:25  | 0.0  | 8:38  | 0.6  | 5:31                                                                                | 8:05 |  |
| 18   | Wed | 2:27  | 6.6 | 3:03  | 6.1 | 9:09  | 0.0  | 9:26  | 0.6  | 5:31                                                                                | 8:06 |  |
| 19   | Thu | 3:15  | 6.5 | 3:52  | 6.2 | 9:57  | 0.1  | 10:19 | 0.6  | 5:30                                                                                | 8:07 |  |
| 20   | Fri | 4:08  | 6.4 | 4:45  | 6.2 | 10:50 | 0.1  | 11:18 | 0.6  | 5:29                                                                                | 8:08 |  |
| 21   | Sat | 5:05  | 6.3 | 5:41  | 6.4 | 11:46 | 0.2  |       |      | 5:28                                                                                | 8:09 |  |
| 22   | Sun | 6:06  | 6.2 | 6:41  | 6.5 | 12:19 | 0.5  | 12:44 | 0.2  | 5:27                                                                                | 8:09 |  |
| 23   | Mon | 7:09  | 6.2 | 7:41  | 6.8 | 1:22  | 0.3  | 1:43  | 0.1  | 5:27                                                                                | 8:10 |  |
| 24   | Tue | 8:12  | 6.3 | 8:39  | 7.0 | 2:24  | 0.1  | 2:41  | 0.1  | 5:26                                                                                | 8:11 |  |
| 25   | Wed | 9:12  | 6.4 | 9:35  | 7.3 | 3:24  | -0.2 | 3:38  | 0.0  | 5:25                                                                                | 8:12 |  |
| 26   | Thu | 10:08 | 6.5 | 10:28 | 7.4 | 4:21  | -0.5 | 4:32  | -0.1 | 5:25                                                                                | 8:13 |  |
| 27   | Fri | 11:02 | 6.6 | 11:19 | 7.5 | 5:14  | -0.6 | 5:25  | -0.2 | 5:24                                                                                | 8:14 |  |
| 28   | Sat | 11:53 | 6.7 |       |     | 6:06  | -0.7 | 6:16  | -0.1 | 5:24                                                                                | 8:15 |  |
| 29   | Sun | 12:08 | 7.4 | 12:43 | 6.6 | 6:55  | -0.6 | 7:06  | 0.0  | 5:23                                                                                | 8:15 |  |
| 30   | Mon | 12:58 | 7.2 | 1:33  | 6.5 | 7:44  | -0.5 | 7:56  | 0.2  | 5:22                                                                                | 8:16 |  |
| 31   | Tue | 1:47  | 6.9 | 2:23  | 6.4 | 8:32  | -0.2 | 8:46  | 0.4  | 5:22                                                                                | 8:17 |  |