

## Mount Sinai, NY - Aug 2024

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 6:08  | 5.4 | 6:31  | 6.2 | 12:23 | 0.8  | 12:30 | 1.1  | 5:49                                                                                | 8:07 |    |
| 2    | Tue | 7:08  | 5.3 | 7:28  | 6.1 | 1:20  | 0.9  | 1:26  | 1.3  | 5:50                                                                                | 8:06 |    |
| 3    | Wed | 8:07  | 5.3 | 8:24  | 6.0 | 2:17  | 0.9  | 2:23  | 1.3  | 5:51                                                                                | 8:05 |    |
| 4    | Thu | 9:03  | 5.4 | 9:17  | 6.1 | 3:11  | 0.9  | 3:17  | 1.3  | 5:52                                                                                | 8:04 |    |
| 5    | Fri | 9:53  | 5.5 | 10:05 | 6.2 | 4:00  | 0.8  | 4:07  | 1.1  | 5:53                                                                                | 8:03 |    |
| 6    | Sat | 10:37 | 5.7 | 10:49 | 6.3 | 4:45  | 0.6  | 4:53  | 1.0  | 5:54                                                                                | 8:01 |    |
| 7    | Sun | 11:18 | 5.9 | 11:29 | 6.4 | 5:26  | 0.5  | 5:35  | 0.8  | 5:55                                                                                | 8:00 |    |
| 8    | Mon | 11:56 | 6.0 |       |     | 6:05  | 0.4  | 6:16  | 0.7  | 5:56                                                                                | 7:59 |    |
| 9    | Tue | 12:07 | 6.5 | 12:33 | 6.2 | 6:41  | 0.3  | 6:54  | 0.6  | 5:57                                                                                | 7:58 |    |
| 10   | Wed | 12:44 | 6.5 | 1:09  | 6.3 | 7:16  | 0.3  | 7:33  | 0.5  | 5:58                                                                                | 7:56 |    |
| 11   | Thu | 1:21  | 6.4 | 1:45  | 6.4 | 7:51  | 0.3  | 8:12  | 0.5  | 5:59                                                                                | 7:55 |    |
| 12   | Fri | 2:00  | 6.3 | 2:22  | 6.5 | 8:27  | 0.3  | 8:54  | 0.5  | 6:00                                                                                | 7:54 |   |
| 13   | Sat | 2:41  | 6.2 | 3:01  | 6.6 | 9:04  | 0.4  | 9:38  | 0.5  | 6:01                                                                                | 7:52 |  |
| 14   | Sun | 3:25  | 6.1 | 3:44  | 6.6 | 9:46  | 0.5  | 10:28 | 0.5  | 6:01                                                                                | 7:51 |  |
| 15   | Mon | 4:14  | 5.9 | 4:33  | 6.6 | 10:33 | 0.7  | 11:24 | 0.6  | 6:02                                                                                | 7:50 |  |
| 16   | Tue | 5:09  | 5.7 | 5:29  | 6.6 | 11:28 | 0.8  |       |      | 6:03                                                                                | 7:48 |  |
| 17   | Wed | 6:11  | 5.5 | 6:33  | 6.5 | 12:26 | 0.7  | 12:31 | 0.9  | 6:04                                                                                | 7:47 |  |
| 18   | Thu | 7:18  | 5.5 | 7:41  | 6.6 | 1:32  | 0.7  | 1:39  | 0.9  | 6:05                                                                                | 7:45 |  |
| 19   | Fri | 8:25  | 5.7 | 8:47  | 6.7 | 2:38  | 0.5  | 2:46  | 0.8  | 6:06                                                                                | 7:44 |  |
| 20   | Sat | 9:28  | 6.0 | 9:49  | 6.9 | 3:40  | 0.3  | 3:50  | 0.5  | 6:07                                                                                | 7:42 |  |
| 21   | Sun | 10:25 | 6.3 | 10:45 | 7.1 | 4:37  | 0.1  | 4:49  | 0.2  | 6:08                                                                                | 7:41 |  |
| 22   | Mon | 11:18 | 6.7 | 11:38 | 7.2 | 5:29  | -0.2 | 5:45  | 0.0  | 6:09                                                                                | 7:39 |  |
| 23   | Tue |       |     | 12:08 | 6.9 | 6:18  | -0.3 | 6:37  | -0.1 | 6:10                                                                                | 7:38 |  |
| 24   | Wed | 12:28 | 7.1 | 12:56 | 7.1 | 7:04  | -0.3 | 7:27  | -0.1 | 6:11                                                                                | 7:36 |  |
| 25   | Thu | 1:17  | 6.9 | 1:43  | 7.1 | 7:49  | -0.1 | 8:17  | 0.0  | 6:12                                                                                | 7:35 |  |
| 26   | Fri | 2:05  | 6.6 | 2:29  | 7.0 | 8:34  | 0.1  | 9:06  | 0.2  | 6:13                                                                                | 7:33 |  |
| 27   | Sat | 2:54  | 6.3 | 3:16  | 6.8 | 9:19  | 0.4  | 9:56  | 0.4  | 6:14                                                                                | 7:32 |  |
| 28   | Sun | 3:44  | 5.9 | 4:04  | 6.5 | 10:06 | 0.8  | 10:49 | 0.7  | 6:15                                                                                | 7:30 |  |
| 29   | Mon | 4:36  | 5.6 | 4:55  | 6.2 | 10:57 | 1.1  | 11:43 | 0.9  | 6:16                                                                                | 7:28 |  |
| 30   | Tue | 5:31  | 5.4 | 5:50  | 6.0 | 11:52 | 1.4  |       |      | 6:17                                                                                | 7:27 |  |
| 31   | Wed | 6:30  | 5.2 | 6:50  | 5.8 | 12:40 | 1.1  | 12:50 | 1.5  | 6:18                                                                                | 7:25 |  |