US HARBORS www.USHarbors.com

New Rochelle, NY - Jul 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**10:21**	7.7	**10:26**	8.9	**4:44**	-0.3	**4:32**	0.3	4:30	7:34	
2	Tue	**11:07**	7.9	**11:15**	9.0	**5:27**	-0.5	**5:22**	0.1	4:31	7:34	
3	Wed	**11:55**	8.1			**6:11**	-0.6	**6:13**	0.0	4:31	7:34	
4	Thu	**12:07**	9.0	**12:46**	8.2	**6:57**	-0.6	**7:07**	0.0	4:32	7:33	
5	Fri	**1:00**	8.8	**1:40**	8.3	**7:47**	-0.5	**8:07**	0.1	4:32	7:33	
6	Sat	**1:57**	8.6	**2:39**	8.4	**8:43**	-0.3	**9:23**	0.2	4:33	7:33	
7	Sun	**2:59**	8.2	**3:44**	8.4	**9:48**	-0.1	**10:42**	0.2	4:34	7:32	
8	Mon	**4:10**	7.8	**4:53**	8.4	**10:57**	0.0	**11:52**	0.1	4:34	7:32	
9	Tue	**5:28**	7.6	**6:05**	8.4			**12:05**	0.2	4:35	7:32	
10	Wed	**6:44**	7.5	**7:13**	8.4	**12:58**	0.0	**1:10**	0.3	4:36	7:31	
11	Thu	**7:49**	7.6	**8:12**	8.5	**1:58**	-0.2	**2:10**	0.2	4:36	7:31	
12	Fri	**8:45**	7.7	**9:04**	8.6	**2:53**	-0.4	**3:05**	0.2	4:37	7:30	
13	Sat	**9:36**	7.9	**9:52**	8.6	**3:45**	-0.5	**3:57**	0.2	4:38	7:30	
14	Sun	**10:24**	7.9	**10:38**	8.5	**4:34**	-0.5	**4:46**	0.2	4:39	7:29	
15	Mon	**11:10**	7.9	**11:20**	8.3	**5:20**	-0.5	**5:30**	0.3	4:40	7:29	
16	Tue	**11:52**	7.9	**11:59**	8.1	**6:03**	-0.3	**6:11**	0.5	4:40	7:28	
17	Wed			**12:32**	7.8	**6:42**	-0.1	**6:46**	0.6	4:41	7:27	
18	Thu	**12:33**	7.9	**1:07**	7.7	**7:15**	0.2	**7:08**	0.8	4:42	7:27	
19	Fri	**1:00**	7.7	**1:36**	7.6	**7:32**	0.5	**7:23**	0.9	4:43	7:26	
20	Sat	**1:27**	7.4	**2:01**	7.5	**7:40**	0.6	**7:56**	0.9	4:44	7:25	
21	Sun	**2:02**	7.2	**2:32**	7.5	**8:13**	0.7	**8:39**	1.0	4:45	7:24	
22	Mon	**2:43**	7.0	**3:11**	7.5	**8:54**	0.8	**9:27**	1.1	4:45	7:24	
23	Tue	**3:29**	6.8	**3:55**	7.4	**9:41**	1.0	**10:19**	1.1	4:46	7:23	
24	Wed	**4:19**	6.7	**4:42**	7.5	**10:31**	1.1	**11:15**	1.1	4:47	7:22	
25	Thu	**5:14**	6.6	**5:35**	7.5	**11:24**	1.1			4:48	7:21	
26	Fri	**6:16**	6.6	**6:33**	7.7	**12:18**	0.9	**12:21**	1.1	4:49	7:20	
27	Sat	**7:24**	6.9	**7:32**	8.0	**1:35**	0.7	**1:22**	1.0	4:50	7:19	
28	Sun	**8:23**	7.2	**8:27**	8.4	**2:42**	0.3	**2:23**	0.7	4:51	7:18	
29	Mon	**9:12**	7.6	**9:19**	8.8	**3:35**	0.0	**3:22**	0.4	4:52	7:17	
30	Tue	**10:00**	8.0	**10:11**	9.1	**4:25**	-0.4	**4:18**	0.1	4:53	7:16	
31	Wed	**10:50**	8.3	**11:03**	9.2	**5:13**	-0.6	**5:14**	-0.2	4:54	7:15	