

New Rochelle, NY - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:33	6.6	3:33	6.6	9:31	1.3	10:01	0.9	7:00	4:28	
2	Tue	4:21	6.7	4:27	6.4	10:30	1.2	10:51	0.8	7:01	4:27	
3	Wed	5:10	6.9	5:24	6.4	11:31	1.1	11:42	0.8	7:02	4:27	
4	Thu	6:00	7.2	6:27	6.5			12:35	0.8	7:03	4:27	
5	Fri	6:51	7.5	7:28	6.7	12:35	0.7	1:38	0.4	7:04	4:27	
6	Sat	7:40	8.0	8:19	7.0	1:28	0.5	2:32	0.0	7:05	4:27	
7	Sun	8:27	8.4	9:06	7.2	2:19	0.3	3:22	-0.4	7:06	4:27	
8	Mon	9:14	8.7	9:53	7.4	3:09	0.1	4:12	-0.6	7:07	4:27	
9	Tue	10:02	8.9	10:43	7.5	4:00	-0.1	5:04	-0.8	7:07	4:27	
10	Wed	10:54	9.0	11:36	7.5	4:53	-0.2	5:57	-0.8	7:08	4:27	
11	Thu	11:48	8.8			5:49	-0.2	6:50	-0.7	7:09	4:27	
12	Fri	12:32	7.5	12:45	8.5	6:46	-0.1	7:47	-0.6	7:10	4:27	
13	Sat	1:32	7.5	1:47	8.1	7:53	0.0	8:51	-0.4	7:11	4:27	
14	Sun	2:41	7.4	2:58	7.7	9:15	0.2	9:56	-0.3	7:11	4:27	
15	Mon	3:53	7.5	4:15	7.3	10:32	0.2	10:58	-0.1	7:12	4:28	
16	Tue	5:00	7.6	5:27	7.0	11:40	0.1	11:58	0.0	7:13	4:28	
17	Wed	6:04	7.7	6:35	6.9			12:43	-0.1	7:13	4:28	
18	Thu	7:04	7.9	7:36	6.9	12:57	0.1	1:41	-0.3	7:14	4:29	
19	Fri	7:59	8.0	8:30	7.0	1:53	0.1	2:35	-0.5	7:15	4:29	
20	Sat	8:47	8.0	9:19	7.1	2:44	0.1	3:25	-0.6	7:15	4:29	
21	Sun	9:32	8.0	10:04	7.1	3:33	0.2	4:12	-0.6	7:16	4:30	
22	Mon	10:14	7.9	10:46	7.1	4:18	0.2	4:56	-0.6	7:16	4:30	
23	Tue	10:53	7.8	11:26	7.0	4:59	0.3	5:37	-0.4	7:17	4:31	
24	Wed	11:28	7.6			5:35	0.4	6:14	-0.3	7:17	4:31	
25	Thu	12:03	6.9	11:56 AM	7.4	6:00	0.5	6:44	-0.1	7:18	4:32	
26	Fri	12:36	6.9	12:20	7.2	6:17	0.5	7:00	0.1	7:18	4:33	
27	Sat	1:02	6.8	12:49	7.1	6:45	0.6	7:17	0.1	7:18	4:33	
28	Sun	1:28	6.8	1:24	7.0	7:22	0.6	7:49	0.2	7:19	4:34	
29	Mon	2:01	6.8	2:05	6.8	8:04	0.6	8:28	0.2	7:19	4:35	
30	Tue	2:40	6.9	2:51	6.6	8:52	0.7	9:13	0.3	7:19	4:36	
31	Wed	3:24	7.0	3:41	6.5	9:44	0.7	9:58	0.5	7:19	4:36	