

































## New Rochelle, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:09	8.6	1:40	7.5	7:49	-0.8	7:52	-0.5	6:29	5:45	
2	Fri	1:59	8.3	2:37	7.1	8:51	-0.4	8:48	-0.1	6:27	5:46	
3	Sat	2:57	7.9	3:44	6.6	10:17	-0.1	9:59	0.3	6:25	5:48	
4	Sun	4:07	7.4	5:12	6.4	11:40	0.1	11:46	0.5	6:24	5:49	
5	Mon	5:46	7.1	6:41	6.4			12:52	0.1	6:22	5:50	
6	Tue	7:14	7.2	7:50	6.8	1:08	0.4	1:54	-0.2	6:21	5:51	
7	Wed	8:18	7.4	8:46	7.2	2:12	0.1	2:50	-0.4	6:19	5:52	
8	Thu	9:11	7.7	9:35	7.6	3:08	-0.3	3:40	-0.7	6:18	5:53	
9	Fri	9:58	7.8	10:19	7.9	3:59	-0.5	4:26	-0.8	6:16	5:54	
10	Sat	10:41	7.8	10:59	8.0	4:45	-0.7	5:08	-0.7	6:14	5:55	
11	Sun	11:21	7.7	11:35	8.0	5:28	-0.7	5:45	-0.5	6:13	5:57	
12	Mon	11:57	7.6			6:06	-0.6	6:17	-0.3	6:11	5:58	
13	Tue	12:07	7.9	12:30	7.3	6:39	-0.4	6:35	0.0	6:09	5:59	
14	Wed	12:31	7.7	12:57	7.0	7:01	-0.2	6:44	0.3	6:08	6:00	
15	Thu	12:53	7.5	1:22	6.8	7:14	0.0	7:11	0.4	6:06	6:01	
16	Fri	1:22	7.3	1:53	6.6	7:42	0.2	7:48	0.6	6:04	6:02	
17	Sat	1:58	7.1	2:32	6.3	8:21	0.5	8:33	0.8	6:03	6:03	
18	Sun	2:42	6.8	3:19	6.1	9:09	0.7	9:24	1.0	6:01	6:04	
19	Mon	3:32	6.6	4:12	6.0	10:04	0.9	10:20	1.2	5:59	6:05	
20	Tue	4:28	6.5	5:15	5.9	11:08	1.0	11:23	1.2	5:58	6:06	
21	Wed	5:31	6.5	6:35	6.1			12:31	0.8	5:56	6:07	
22	Thu	6:46	6.8	7:45	6.6	12:36	1.0	1:48	0.5	5:54	6:08	
23	Fri	7:54	7.2	8:28	7.2	1:53	0.6	2:36	0.1	5:53	6:10	
24	Sat	8:44	7.6	9:07	7.8	2:51	0.1	3:17	-0.3	5:51	6:11	
25	Sun	9:28	8.0	9:46	8.4	3:40	-0.5	3:56	-0.6	5:49	6:12	
26	Mon	10:13	8.3	10:28	8.9	4:27	-0.9	4:36	-0.8	5:48	6:13	
27	Tue	10:59	8.3	11:13	9.1	5:14	-1.2	5:18	-0.9	5:46	6:14	
28	Wed	11:47	8.2			6:02	-1.2	6:02	-0.8	5:44	6:15	
29	Thu	12:01	9.1	12:37	8.0	6:51	-1.1	6:48	-0.6	5:43	6:16	
30	Fri	12:51	8.9	1:31	7.7	7:46	-0.8	7:40	-0.2	5:41	6:17	
31	Sat	1:45	8.4	2:33	7.2	8:55	-0.3	8:45	0.2	5:39	6:18	