

































New Rochelle, NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:06	6.9	9:23	7.7	3:07	0.5	3:20	1.1	5:51	8:11	
2	Sun	9:56	7.1	10:11	7.8	3:58	0.5	4:10	1.0	5:52	8:10	
3	Mon	10:41	7.3	10:54	7.8	4:44	0.4	4:55	0.9	5:53	8:08	
4	Tue	11:22	7.5	11:32	7.9	5:26	0.3	5:36	0.8	5:54	8:07	
5	Wed	11:59	7.6			6:03	0.3	6:12	0.7	5:55	8:06	
6	Thu	12:04	7.8	12:30	7.7	6:33	0.3	6:39	0.7	5:56	8:05	
7	Fri	12:25	7.8	12:48	7.7	6:50	0.3	6:56	0.6	5:57	8:04	
8	Sat	12:43	7.8	1:04	7.9	7:02	0.3	7:20	0.5	5:58	8:02	
9	Sun	1:13	7.8	1:32	8.0	7:30	0.2	7:54	0.5	5:59	8:01	
10	Mon	1:49	7.7	2:08	8.2	8:04	0.2	8:33	0.4	6:00	8:00	
11	Tue	2:31	7.6	2:50	8.3	8:44	0.3	9:18	0.5	6:01	7:59	
12	Wed	3:17	7.5	3:37	8.3	9:29	0.5	10:10	0.6	6:02	7:57	
13	Thu	4:09	7.3	4:29	8.3	10:20	0.7	11:08	0.7	6:03	7:56	
14	Fri	5:05	7.0	5:26	8.2	11:16	0.9			6:04	7:54	
15	Sat	6:09	6.9	6:31	8.1	12:16	0.8	12:19	0.9	6:05	7:53	
16	Sun	7:26	7.0	7:47	8.2	1:55	0.7	1:33	0.9	6:06	7:52	
17	Mon	8:52	7.3	9:08	8.5	3:17	0.3	3:06	0.6	6:07	7:50	
18	Tue	9:57	7.9	10:13	8.9	4:16	-0.1	4:20	0.1	6:08	7:49	
19	Wed	10:52	8.4	11:09	9.0	5:09	-0.5	5:21	-0.3	6:09	7:47	
20	Thu	11:44	8.9			5:59	-0.8	6:16	-0.6	6:10	7:46	
21	Fri	12:02	9.1	12:33	9.1	6:45	-0.9	7:08	-0.7	6:11	7:44	
22	Sat	12:54	8.9	1:21	9.2	7:30	-0.7	7:58	-0.6	6:12	7:43	
23	Sun	1:44	8.6	2:08	9.1	8:14	-0.4	8:49	-0.3	6:13	7:41	
24	Mon	2:35	8.2	2:56	8.8	8:59	0.0	9:44	0.0	6:14	7:40	
25	Tue	3:30	7.7	3:48	8.3	9:49	0.5	10:42	0.4	6:15	7:38	
26	Wed	4:29	7.3	4:45	7.9	10:48	1.0	11:42	0.7	6:16	7:37	
27	Thu	5:31	6.9	5:48	7.5	11:50	1.3			6:17	7:35	
28	Fri	6:35	6.7	6:55	7.3	12:42	0.9	12:54	1.5	6:18	7:34	
29	Sat	7:39	6.7	8:00	7.3	1:41	1.0	1:56	1.5	6:19	7:32	
30	Sun	8:37	6.9	8:57	7.4	2:36	1.0	2:52	1.3	6:20	7:30	
31	Mon	9:27	7.1	9:45	7.6	3:26	0.8	3:41	1.1	6:21	7:29	