












## New Rochelle, NY - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:10	7.1	3:28	7.8	9:18	0.7	9:54	0.9	5:51	8:11	
2	Mon	3:55	7.0	4:12	7.7	10:04	0.9	10:45	0.9	5:52	8:10	
3	Tue	4:45	6.8	5:02	7.7	10:55	1.0	11:41	1.0	5:53	8:09	
4	Wed	5:40	6.7	5:57	7.7	11:49	1.1			5:54	8:08	
5	Thu	6:41	6.6	6:58	7.8	12:45	1.0	12:48	1.1	5:55	8:06	
6	Fri	7:53	6.8	8:06	8.1	2:09	0.8	1:55	1.0	5:56	8:05	
7	Sat	9:05	7.2	9:13	8.5	3:30	0.4	3:06	0.7	5:57	8:04	
8	Sun	10:03	7.7	10:12	8.9	4:27	-0.1	4:15	0.2	5:58	8:03	
9	Mon	10:55	8.3	11:07	9.1	5:17	-0.5	5:17	-0.2	5:59	8:01	
10	Tue	11:45	8.8			6:05	-0.8	6:15	-0.5	6:00	8:00	
11	Wed	12:01	9.2	12:36	9.1	6:51	-0.9	7:10	-0.7	6:01	7:59	
12	Thu	12:54	9.1	1:26	9.3	7:35	-0.9	8:05	-0.7	6:02	7:58	
13	Fri	1:48	8.8	2:18	9.3	8:22	-0.7	9:02	-0.5	6:03	7:56	
14	Sat	2:44	8.4	3:12	9.0	9:13	-0.3	10:06	-0.2	6:04	7:55	
15	Sun	3:46	7.9	4:13	8.7	10:13	0.1	11:12	0.1	6:05	7:53	
16	Mon	4:54	7.5	5:19	8.3	11:22	0.5			6:06	7:52	
17	Tue	6:04	7.2	6:29	8.0	12:17	0.3	12:30	0.8	6:07	7:51	
18	Wed	7:14	7.1	7:39	7.8	1:20	0.4	1:36	0.9	6:08	7:49	
19	Thu	8:18	7.1	8:41	7.8	2:20	0.4	2:37	0.9	6:09	7:48	
20	Fri	9:14	7.3	9:35	7.9	3:15	0.4	3:32	0.8	6:10	7:46	
21	Sat	10:04	7.5	10:22	8.0	4:06	0.3	4:22	0.6	6:11	7:45	
22	Sun	10:48	7.7	11:05	8.0	4:52	0.2	5:08	0.5	6:12	7:43	
23	Mon	11:28	7.9	11:43	8.0	5:33	0.2	5:50	0.4	6:13	7:42	
24	Tue			12:05	8.0	6:10	0.3	6:27	0.4	6:14	7:40	
25	Wed	12:17	7.9	12:34	8.0	6:40	0.4	6:57	0.5	6:15	7:39	
26	Thu	12:44	7.7	12:52	8.0	6:52	0.5	7:13	0.5	6:16	7:37	
27	Fri	1:00	7.6	1:06	8.0	7:01	0.5	7:28	0.5	6:17	7:36	
28	Sat	1:24	7.5	1:34	8.1	7:29	0.5	7:58	0.5	6:18	7:34	
29	Sun	1:58	7.4	2:09	8.1	8:05	0.6	8:36	0.6	6:19	7:32	
30	Mon	2:38	7.3	2:51	8.0	8:46	0.7	9:21	0.7	6:20	7:31	
31	Tue	3:23	7.2	3:38	8.0	9:32	0.9	10:12	0.8	6:21	7:29	