US HARBORS www.USHarbors.com

New Rochelle, NY - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:53	7.0	8:24	6.7	1:50	0.5	2:25	0.0	6:29	5:45	
2	Sat	8:45	7.2	9:12	6.9	2:42	0.3	3:14	-0.1	6:27	5:46	
3	Sun	9:30	7.3	9:55	7.1	3:30	0.1	3:58	-0.2	6:25	5:48	
4	Mon	10:12	7.4	10:34	7.3	4:13	0.0	4:38	-0.3	6:24	5:49	
5	Tue	10:49	7.4	11:08	7.3	4:53	-0.1	5:14	-0.3	6:22	5:50	
6	Wed	11:19	7.4	11:33	7.4	5:26	-0.1	5:40	-0.2	6:21	5:51	
7	Thu	11:37	7.3	11:43	7.4	5:49	-0.1	5:48	-0.2	6:19	5:52	
8	Fri	11:53	7.3			6:01	-0.2	6:05	-0.2	6:18	5:53	
9	Sat	12:04	7.5	12:23	7.3	6:26	-0.2	6:36	-0.2	6:16	5:54	
10	Sun	12:36	7.7	2:00	7.3	8:01	-0.2	8:13	-0.2	7:14	6:55	
11	Mon	2:15	7.7	2:43	7.2	8:41	-0.2	8:55	0.0	7:13	6:57	
12	Tue	2:59	7.7	3:30	7.0	9:28	-0.1	9:43	0.2	7:11	6:58	
13	Wed	3:48	7.7	4:23	6.8	10:21	0.1	10:36	0.3	7:09	6:59	
14	Thu	4:42	7.6	5:22	6.6	11:22	0.3	11:36	0.5	7:08	7:00	
15	Fri	5:43	7.5	6:29	6.6			12:35	0.3	7:06	7:01	
16	Sat	6:52	7.5	7:52	6.8	12:44	0.4	2:24	0.1	7:04	7:02	
17	Sun	8:15	7.7	9:12	7.3	2:11	0.2	3:34	-0.3	7:03	7:03	
18	Mon	9:32	8.2	10:10	7.9	3:39	-0.3	4:29	-0.8	7:01	7:04	
19	Tue	10:31	8.5	11:02	8.5	4:42	-0.8	5:20	-1.2	7:00	7:05	
20	Wed	11:25	8.7	11:51	8.8	5:38	-1.2	6:08	-1.4	6:58	7:06	
21	Thu			12:16	8.8	6:30	-1.4	6:54	-1.4	6:56	7:07	
22	Fri	12:39	9.0	1:06	8.6	7:20	-1.4	7:38	-1.2	6:55	7:08	
23	Sat	1:26	8.9	1:56	8.3	8:09	-1.2	8:23	-0.8	6:53	7:10	
24	Sun	2:13	8.6	2:47	7.8	9:00	-0.9	9:11	-0.3	6:51	7:11	
25	Mon	3:02	8.2	3:43	7.4	9:56	-0.4	10:07	0.2	6:50	7:12	
26	Tue	3:57	7.7	4:45	6.9	10:57	0.0	11:11	0.6	6:48	7:13	
27	Wed	5:00	7.2	5:49	6.6	11:58	0.3			6:46	7:14	
28	Thu	6:09	6.9	6:55	6.5	12:16	0.9	12:58	0.5	6:45	7:15	
29	Fri	7:19	6.7	7:57	6.5	1:19	1.0	1:57	0.6	6:43	7:16	
30	Sat	8:22	6.8	8:53	6.7	2:19	0.9	2:51	0.6	6:41	7:17	
31	Sun	9:16	7.0	9:41	7.0	3:12	0.7	3:40	0.4	6:40	7:18	