US HARBORS www.USHarbors.com

New Rochelle, NY - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:50	7.7	1:37	7.2	7:39	0.4	7:20	0.9	5:27	8:30	
2	Sat	1:18	7.6	2:00	7.3	7:54	0.4	7:56	0.9	5:27	8:30	
3	Sun	1:54	7.6	2:32	7.4	8:24	0.4	8:37	0.9	5:28	8:30	
4	Mon	2:35	7.6	3:11	7.5	9:03	0.4	9:22	0.9	5:28	8:30	
5	Tue	3:20	7.5	3:54	7.7	9:46	0.4	10:12	0.8	5:29	8:30	
6	Wed	4:10	7.4	4:42	7.9	10:33	0.5	11:06	0.7	5:29	8:29	
7	Thu	5:03	7.3	5:32	8.1	11:23	0.5			5:30	8:29	
8	Fri	6:00	7.2	6:27	8.2	12:04	0.6	12:16	0.6	5:31	8:29	
9	Sat	7:03	7.1	7:27	8.5	1:08	0.5	1:14	0.6	5:31	8:28	
10	Sun	8:12	7.2	8:31	8.7	2:24	0.2	2:18	0.6	5:32	8:28	
11	Mon	9:20	7.4	9:33	9.0	3:41	-0.1	3:26	0.4	5:33	8:27	
12	Tue	10:22	7.7	10:33	9.2	4:47	-0.4	4:34	0.2	5:34	8:27	
13	Wed	11:21	7.9	11:33	9.2	5:46	-0.6	5:42	0.0	5:34	8:26	
14	Thu			12:20	8.1	6:41	-0.8	6:45	-0.2	5:35	8:26	
15	Fri	12:33	9.1	1:18	8.3	7:32	-0.8	7:44	-0.2	5:36	8:25	
16	Sat	1:32	8.9	2:15	8.4	8:23	-0.7	8:43	-0.1	5:37	8:25	
17	Sun	2:31	8.6	3:12	8.4	9:16	-0.5	9:44	0.1	5:37	8:24	
18	Mon	3:31	8.2	4:10	8.3	10:10	-0.2	10:46	0.2	5:38	8:23	
19	Tue	4:33	7.8	5:07	8.2	11:05	0.2	11:47	0.3	5:39	8:23	
20	Wed	5:34	7.4	6:03	8.0			12:00	0.5	5:40	8:22	
21	Thu	6:35	7.1	7:00	7.8	12:45	0.4	12:56	0.9	5:41	8:21	
22	Fri	7:37	6.9	7:58	7.7	1:43	0.5	1:53	1.1	5:42	8:20	
23	Sat	8:36	6.9	8:53	7.7	2:39	0.4	2:48	1.2	5:43	8:20	
24	Sun	9:28	7.0	9:43	7.7	3:31	0.4	3:39	1.2	5:44	8:19	
25	Mon	10:15	7.1	10:28	7.8	4:19	0.3	4:26	1.1	5:44	8:18	
26	Tue	10:59	7.3	11:09	7.8	5:04	0.3	5:09	1.0	5:45	8:17	
27	Wed	11:40	7.4	11:45	7.8	5:46	0.3	5:48	0.9	5:46	8:16	
28	Thu			12:17	7.4	6:23	0.3	6:19	0.9	5:47	8:15	
29	Fri	12:12	7.8	12:47	7.5	6:54	0.3	6:39	0.8	5:48	8:14	
30	Sat	12:30	7.8	1:07	7.5	7:12	0.3	7:02	0.7	5:49	8:13	
31	Sun	12:55	7.8	1:28	7.7	7:28	0.2	7:35	0.6	5:50	8:12	