

































New Rochelle, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:02	6.5	7:37	6.2	12:55	1.0	1:40	0.4	6:29	5:45	
2	Thu	8:02	6.7	8:30	6.4	1:53	0.9	2:32	0.3	6:27	5:46	
3	Fri	8:52	6.9	9:16	6.7	2:45	0.6	3:19	0.2	6:25	5:48	
4	Sat	9:36	7.1	9:57	6.9	3:31	0.4	4:02	0.0	6:24	5:49	
5	Sun	10:15	7.2	10:34	7.1	4:12	0.2	4:39	-0.1	6:22	5:50	
6	Mon	10:47	7.2	11:04	7.3	4:48	0.0	5:11	-0.2	6:21	5:51	
7	Tue	11:10	7.3	11:22	7.4	5:17	-0.1	5:31	-0.2	6:19	5:52	
8	Wed	11:26	7.3	11:39	7.6	5:36	-0.1	5:43	-0.2	6:17	5:53	
9	Thu	11:52	7.3			5:59	-0.2	6:08	-0.2	6:16	5:54	
10	Fri	12:07	7.7	12:27	7.3	6:31	-0.3	6:41	-0.2	6:14	5:55	
11	Sat	12:42	7.9	1:07	7.2	7:08	-0.3	7:20	-0.1	6:13	5:57	
12	Sun	1:23	7.9	2:52	7.0	8:51	-0.2	9:03	0.1	7:11	6:58	
13	Mon	3:10	7.9	3:42	6.8	9:41	0.0	9:54	0.4	7:09	6:59	
14	Tue	4:02	7.7	4:39	6.5	10:39	0.2	10:52	0.6	7:08	7:00	
15	Wed	5:01	7.5	5:44	6.3	11:50	0.4	11:59	0.7	7:06	7:01	
16	Thu	6:10	7.3	7:06	6.3			1:38	0.4	7:04	7:02	
17	Fri	7:37	7.4	8:43	6.8	1:30	0.6	2:59	0.0	7:03	7:03	
18	Sat	9:05	7.8	9:46	7.4	3:10	0.2	3:58	-0.4	7:01	7:04	
19	Sun	10:07	8.2	10:38	8.0	4:14	-0.4	4:49	-0.9	6:59	7:05	
20	Mon	10:59	8.5	11:26	8.5	5:09	-0.9	5:37	-1.1	6:58	7:06	
21	Tue	11:49	8.6			6:01	-1.2	6:22	-1.2	6:56	7:07	
22	Wed	12:12	8.8	12:36	8.5	6:49	-1.3	7:04	-1.1	6:54	7:08	
23	Thu	12:55	8.8	1:23	8.2	7:36	-1.2	7:44	-0.8	6:53	7:10	
24	Fri	1:37	8.6	2:08	7.9	8:21	-0.9	8:22	-0.3	6:51	7:11	
25	Sat	2:18	8.3	2:56	7.4	9:09	-0.5	8:59	0.2	6:49	7:12	
26	Sun	3:01	7.8	3:48	6.9	10:01	-0.1	9:39	0.7	6:48	7:13	
27	Mon	3:49	7.3	4:47	6.5	11:00	0.4	10:38	1.1	6:46	7:14	
28	Tue	4:49	6.8	5:51	6.3			12:01	0.7	6:44	7:15	
29	Wed	6:06	6.5	6:57	6.2	12:05	1.3	1:03	0.9	6:43	7:16	
30	Thu	7:24	6.3	8:01	6.3	1:17	1.4	2:02	1.0	6:41	7:17	
31	Fri	8:28	6.5	8:56	6.5	2:19	1.2	2:56	0.8	6:39	7:18	