US HARBORS www.USHarbors.com

New Rochelle, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:12	7.6	6:19	-0.4	6:24	0.5	5:52	7:51	
2	Sat	12:11	8.2	12:48	7.4	6:56	-0.3	6:51	0.7	5:51	7:52	
3	Sun	12:38	8.0	1:20	7.2	7:26	0.0	7:03	0.8	5:50	7:53	
4	Mon	1:01	7.8	1:46	7.1	7:43	0.2	7:26	0.9	5:49	7:54	
5	Tue	1:30	7.6	2:12	6.9	8:00	0.4	8:01	1.0	5:47	7:55	
6	Wed	2:06	7.4	2:45	6.8	8:32	0.6	8:42	1.1	5:46	7:56	
7	Thu	2:47	7.3	3:26	6.8	9:14	0.7	9:30	1.2	5:45	7:57	
8	Fri	3:33	7.1	4:13	6.7	10:03	0.8	10:23	1.3	5:44	7:58	
9	Sat	4:25	7.0	5:05	6.8	10:55	0.8	11:20	1.3	5:43	7:59	
10	Sun	5:20	6.9	5:59	7.0	11:49	0.8			5:42	8:00	
11	Mon	6:19	7.0	6:55	7.3	12:21	1.1	12:45	0.7	5:41	8:01	
12	Tue	7:23	7.1	7:52	7.8	1:28	0.8	1:42	0.6	5:40	8:02	
13	Wed	8:28	7.3	8:46	8.3	2:37	0.4	2:38	0.4	5:39	8:03	
14	Thu	9:25	7.6	9:36	8.8	3:38	-0.1	3:31	0.2	5:38	8:04	
15	Fri	10:17	7.8	10:25	9.2	4:33	-0.5	4:22	0.0	5:37	8:05	
16	Sat	11:08	8.0	11:15	9.4	5:27	-0.8	5:15	-0.1	5:36	8:06	
17	Sun			12:00	8.0	6:22	-0.9	6:10	-0.1	5:35	8:07	
18	Mon	12:08	9.3	12:55	8.0	7:16	-0.8	7:06	-0.1	5:34	8:08	
19	Tue	1:04	9.1	1:54	7.9	8:12	-0.6	8:05	0.1	5:33	8:09	
20	Wed	2:03	8.7	2:58	7.8	9:13	-0.4	9:16	0.3	5:32	8:10	
21	Thu	3:10	8.3	4:08	7.7	10:19	-0.1	10:37	0.5	5:31	8:11	
22	Fri	4:27	7.8	5:17	7.7	11:22	0.0	11:48	0.5	5:31	8:12	
23	Sat	5:41	7.5	6:21	7.8			12:21	0.2	5:30	8:13	
24	Sun	6:49	7.3	7:22	7.9	12:53	0.5	1:19	0.3	5:29	8:14	
25	Mon	7:52	7.2	8:18	8.1	1:54	0.3	2:14	0.4	5:29	8:15	
26	Tue	8:50	7.2	9:08	8.2	2:50	0.2	3:06	0.5	5:28	8:15	
27	Wed	9:40	7.3	9:53	8.3	3:42	0.0	3:54	0.6	5:27	8:16	
28	Thu	10:26	7.4	10:35	8.3	4:29	-0.1	4:39	0.7	5:27	8:17	
29	Fri	11:09	7.4	11:13	8.2	5:14	-0.2	5:21	0.8	5:26	8:18	
30	Sat	11:50	7.3	11:48	8.0	5:56	-0.1	5:58	0.9	5:26	8:19	
31	Sun			12:28	7.3	6:34	0.0	6:29	1.0	5:25	8:19	