

































New Rochelle, NY - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:57	7.1	5:38	6.4	11:45	0.2			6:28	5:46	
2	Mon	6:03	6.8	6:42	6.4	12:04	0.6	12:44	0.3	6:26	5:47	
3	Tue	7:06	6.8	7:40	6.5	1:04	0.6	1:40	0.2	6:25	5:48	
4	Wed	8:03	6.9	8:31	6.7	1:59	0.5	2:32	0.1	6:23	5:49	
5	Thu	8:52	7.1	9:17	7.0	2:49	0.3	3:18	0.0	6:21	5:50	
6	Fri	9:35	7.3	9:58	7.2	3:35	0.1	4:01	-0.1	6:20	5:51	
7	Sat	10:14	7.4	10:35	7.3	4:16	0.0	4:39	-0.2	6:18	5:53	
8	Sun	11:48	7.4			5:53	-0.1	6:10	-0.2	7:17	6:54	
9	Mon	12:04	7.4	12:10	7.4	6:22	-0.2	6:27	-0.2	7:15	6:55	
10	Tue	12:15	7.5	12:23	7.5	6:37	-0.3	6:38	-0.3	7:13	6:56	
11	Wed	12:32	7.6	12:50	7.6	6:57	-0.3	7:06	-0.4	7:12	6:57	
12	Thu	1:03	7.8	1:26	7.6	7:29	-0.4	7:42	-0.4	7:10	6:58	
13	Fri	1:41	8.0	2:08	7.5	8:08	-0.4	8:22	-0.3	7:09	6:59	
14	Sat	2:24	8.0	2:54	7.4	8:52	-0.3	9:08	-0.1	7:07	7:00	
15	Sun	3:11	8.0	3:45	7.2	9:43	-0.1	9:59	0.1	7:05	7:01	
16	Mon	4:04	7.9	4:41	7.0	10:41	0.0	10:57	0.2	7:04	7:03	
17	Tue	5:03	7.7	5:45	6.9	11:49	0.2			7:02	7:04	
18	Wed	6:09	7.6	7:02	6.9	12:02	0.3	1:35	0.1	7:00	7:05	
19	Thu	7:29	7.6	8:34	7.3	1:28	0.3	2:57	-0.2	6:59	7:06	
20	Fri	9:00	7.9	9:40	7.8	3:09	-0.1	3:57	-0.6	6:57	7:07	
21	Sat	10:04	8.3	10:34	8.4	4:14	-0.6	4:49	-1.0	6:55	7:08	
22	Sun	10:58	8.6	11:23	8.8	5:10	-1.1	5:39	-1.3	6:54	7:09	
23	Mon	11:48	8.7			6:02	-1.3	6:26	-1.3	6:52	7:10	
24	Tue	12:11	8.9	12:37	8.6	6:51	-1.4	7:11	-1.2	6:50	7:11	
25	Wed	12:57	8.9	1:25	8.4	7:39	-1.3	7:55	-0.9	6:49	7:12	
26	Thu	1:42	8.7	2:13	8.0	8:26	-1.0	8:39	-0.4	6:47	7:13	
27	Fri	2:26	8.3	3:03	7.6	9:15	-0.6	9:25	0.0	6:45	7:14	
28	Sat	3:13	7.9	3:57	7.2	10:09	-0.1	10:19	0.5	6:44	7:15	
29	Sun	4:06	7.4	4:57	6.8	11:07	0.3	11:22	0.9	6:42	7:16	
30	Mon	5:09	7.0	5:59	6.6			12:06	0.6	6:40	7:17	
31	Tue	6:18	6.7	7:02	6.5	12:25	1.1	1:05	0.7	6:39	7:19	