

Orient, NY - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:18	3.1	9:50	2.3	2:53	-0.1	3:40	-0.3	7:14	4:30	
2	Wed	10:00	3.0	10:34	2.3	3:38	-0.1	4:24	-0.2	7:14	4:31	
3	Thu	10:42	2.9	11:18	2.3	4:24	0.0	5:09	-0.2	7:14	4:32	
4	Fri	11:23	2.8			5:11	0.1	5:54	-0.1	7:14	4:33	
5	Sat	12:00	2.2	12:03	2.6	5:59	0.2	6:37	0.0	7:14	4:34	
6	Sun	12:38	2.2	12:41	2.5	6:47	0.3	7:19	0.1	7:14	4:35	
7	Mon	1:15	2.2	1:20	2.3	7:34	0.3	8:01	0.2	7:14	4:36	
8	Tue	1:56	2.2	2:02	2.1	8:25	0.4	8:45	0.2	7:14	4:37	
9	Wed	2:44	2.2	2:53	2.0	9:21	0.4	9:33	0.3	7:14	4:38	
10	Thu	3:40	2.3	3:53	1.9	10:17	0.4	10:21	0.3	7:14	4:39	
11	Fri	4:34	2.4	4:49	1.9	11:11	0.4	11:08	0.3	7:13	4:40	
12	Sat	5:22	2.5	5:41	1.9			12:04	0.3	7:13	4:41	
13	Sun	6:10	2.6	6:33	1.9			12:57	0.2	7:13	4:42	
14	Mon	7:00	2.8	7:27	2.0	12:47	0.1	1:49	0.0	7:12	4:43	
15	Tue	7:50	2.9	8:18	2.1	1:39	0.0	2:35	-0.2	7:12	4:44	
16	Wed	8:37	3.0	9:05	2.3	2:28	-0.1	3:19	-0.3	7:12	4:45	
17	Thu	9:24	3.1	9:52	2.4	3:15	-0.2	4:03	-0.4	7:11	4:46	
18	Fri	10:11	3.1	10:41	2.5	4:02	-0.3	4:48	-0.4	7:11	4:47	
19	Sat	11:00	3.1	11:34	2.6	4:54	-0.3	5:36	-0.5	7:10	4:49	
20	Sun	11:51	3.0			5:50	-0.3	6:25	-0.4	7:10	4:50	
21	Mon	12:26	2.7	12:42	2.8	6:47	-0.2	7:14	-0.4	7:09	4:51	
22	Tue	1:18	2.8	1:34	2.6	7:45	-0.1	8:05	-0.3	7:08	4:52	
23	Wed	2:15	2.8	2:32	2.4	8:46	-0.1	9:01	-0.2	7:08	4:53	
24	Thu	3:21	2.8	3:43	2.2	9:51	0.0	10:00	-0.2	7:07	4:55	
25	Fri	4:32	2.8	4:57	2.1	10:53	0.0	10:58	-0.1	7:06	4:56	
26	Sat	5:36	2.8	6:04	2.1	11:53	0.0	11:55	-0.1	7:05	4:57	
27	Sun	6:36	2.8	7:10	2.1			12:52	0.0	7:05	4:58	
28	Mon	7:35	2.9	8:08	2.2	12:52	-0.1	1:48	-0.1	7:04	4:59	
29	Tue	8:25	2.9	8:56	2.2	1:47	-0.1	2:37	-0.2	7:03	5:01	
30	Wed	9:08	2.9	9:37	2.2	2:37	-0.1	3:20	-0.2	7:02	5:02	
31	Thu	9:47	2.8	10:15	2.3	3:21	-0.1	4:01	-0.2	7:01	5:03	