

Orient, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:16	2.2	6:42	2.9	12:02	0.6	11:57 AM	0.6	5:20	8:25	
2	Mon	7:07	2.1	7:27	2.9	12:56	0.6	12:45	0.6	5:20	8:25	
3	Tue	8:00	2.1	8:13	2.9	1:49	0.6	1:34	0.6	5:21	8:25	
4	Wed	8:49	2.1	8:56	3.0	2:40	0.5	2:24	0.6	5:21	8:25	
5	Thu	9:30	2.2	9:35	3.0	3:26	0.4	3:11	0.6	5:22	8:25	
6	Fri	10:06	2.2	10:11	3.1	4:07	0.4	3:54	0.5	5:23	8:24	
7	Sat	10:40	2.3	10:47	3.1	4:47	0.3	4:35	0.5	5:23	8:24	
8	Sun	11:17	2.4	11:25	3.1	5:26	0.3	5:17	0.5	5:24	8:24	
9	Mon	11:57	2.5			6:05	0.3	6:02	0.5	5:25	8:23	
10	Tue	12:05	3.0	12:38	2.6	6:45	0.3	6:51	0.5	5:25	8:23	
11	Wed	12:46	2.9	1:19	2.7	7:23	0.3	7:40	0.5	5:26	8:22	
12	Thu	1:28	2.8	2:01	2.8	8:02	0.3	8:31	0.5	5:27	8:22	
13	Fri	2:11	2.6	2:46	3.0	8:41	0.3	9:25	0.5	5:27	8:21	
14	Sat	2:58	2.5	3:39	3.0	9:26	0.3	10:27	0.5	5:28	8:21	
15	Sun	3:55	2.4	4:41	3.1	10:19	0.4	11:28	0.5	5:29	8:20	
16	Mon	5:01	2.3	5:43	3.2	11:17	0.3			5:30	8:20	
17	Tue	6:05	2.3	6:44	3.3	12:28	0.4	12:15	0.3	5:31	8:19	
18	Wed	7:08	2.3	7:45	3.4	1:29	0.3	1:16	0.2	5:31	8:18	
19	Thu	8:15	2.4	8:47	3.5	2:29	0.2	2:20	0.2	5:32	8:18	
20	Fri	9:19	2.6	9:44	3.5	3:24	0.1	3:20	0.1	5:33	8:17	
21	Sat	10:14	2.7	10:35	3.5	4:13	0.0	4:14	0.0	5:34	8:16	
22	Sun	11:07	2.8	11:25	3.3	5:00	0.0	5:06	0.1	5:35	8:15	
23	Mon	11:59	2.9			5:47	0.0	6:00	0.1	5:36	8:15	
24	Tue	12:15	3.2	12:50	2.9	6:35	0.0	6:54	0.2	5:37	8:14	
25	Wed	1:03	3.0	1:36	2.9	7:21	0.1	7:47	0.3	5:38	8:13	
26	Thu	1:48	2.8	2:20	2.9	8:05	0.3	8:39	0.5	5:39	8:12	
27	Fri	2:31	2.6	3:05	2.8	8:49	0.4	9:32	0.6	5:40	8:11	
28	Sat	3:17	2.3	3:58	2.8	9:36	0.5	10:29	0.7	5:40	8:10	
29	Sun	4:15	2.2	5:00	2.7	10:26	0.6	11:26	0.7	5:41	8:09	
30	Mon	5:25	2.1	5:57	2.8	11:18	0.7			5:42	8:08	
31	Tue	6:23	2.0	6:47	2.8	12:20	0.7	12:09	0.7	5:43	8:07	