US HARBORS www.USHarbors.com

Orient, NY - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:01	2.4	5:29	1.7	11:40	0.5	11:30	0.5	6:22	5:40	
2	Sun	5:55	2.4	6:23	1.9			12:32	0.4	6:20	5:41	
3	Mon	6:46	2.5	7:14	2.0	12:26	0.4	1:22	0.3	6:19	5:42	
4	Tue	7:35	2.6	7:59	2.3	1:21	0.2	2:05	0.1	6:17	5:43	
5	Wed	8:19	2.7	8:40	2.5	2:12	0.1	2:44	0.0	6:16	5:45	
6	Thu	8:59	2.7	9:19	2.7	2:58	-0.1	3:21	-0.1	6:14	5:46	
7	Fri	9:40	2.7	10:00	2.9	3:42	-0.2	3:58	-0.2	6:12	5:47	
8	Sat	10:22	2.6	10:44	3.1	4:28	-0.2	4:37	-0.2	6:11	5:48	
9	Sun			12:07	2.6	6:17	-0.2	6:20	-0.2	7:09	6:49	
10	Mon	12:31	3.1	12:54	2.4	7:09	-0.2	7:07	-0.1	7:07	6:50	
11	Tue	1:20	3.1	1:42	2.3	8:01	-0.1	7:57	0.0	7:06	6:51	
12	Wed	2:11	3.1	2:34	2.2	8:57	0.0	8:51	0.1	7:04	6:52	
13	Thu	3:08	2.9	3:36	2.1	9:59	0.2	9:55	0.2	7:03	6:54	
14	Fri	4:19	2.8	4:57	2.0	11:05	0.2	11:05	0.2	7:01	6:55	
15	Sat	5:38	2.8	6:18	2.1			12:07	0.2	6:59	6:56	
16	Sun	6:48	2.7	7:26	2.3	12:12	0.2	1:06	0.2	6:58	6:57	
17	Mon	7:53	2.7	8:27	2.4	1:16	0.2	2:02	0.1	6:56	6:58	
18	Tue	8:51	2.8	9:18	2.6	2:18	0.1	2:54	0.0	6:54	6:59	
19	Wed	9:39	2.7	10:00	2.8	3:13	0.0	3:38	0.0	6:53	7:00	
20	Thu	10:21	2.7	10:38	2.8	4:01	-0.1	4:18	-0.1	6:51	7:01	
21	Fri	10:59	2.6	11:13	2.9	4:45	-0.1	4:56	0.0	6:49	7:02	
22	Sat	11:36	2.5	11:48	2.9	5:27	-0.1	5:34	0.1	6:48	7:03	
23	Sun			12:13	2.4	6:11	0.0	6:13	0.2	6:46	7:04	
24	Mon	12:24	2.8	12:48	2.2	6:56	0.1	6:53	0.3	6:44	7:05	
25	Tue	1:01	2.7	1:24	2.1	7:40	0.2	7:34	0.4	6:42	7:07	
26	Wed	1:39	2.7	2:01	2.0	8:25	0.4	8:16	0.5	6:41	7:08	
27	Thu	2:19	2.6	2:42	1.9	9:14	0.5	9:02	0.6	6:39	7:09	
28	Fri	3:06	2.5	3:34	1.8	10:09	0.6	9:58	0.7	6:37	7:10	
29	Sat	4:05	2.4	4:43	1.8	11:06	0.6	11:00	0.7	6:36	7:11	
30	Sun	5:12	2.4	5:49	1.9	11:58	0.6	11:59	0.6	6:34	7:12	
31	Mon	6:10	2.4	6:41	2.1			12:47	0.5	6:32	7:13	