US HARBORS www.USHarbors.com

Orient, NY - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:58	2.5	6:35	3.1	11:55	0.2			5:18	8:15	
2	Tue	6:58	2.5	7:28	3.2	12:46	0.4	12:46	0.3	5:18	8:16	
3	Wed	7:57	2.4	8:19	3.2	1:43	0.3	1:38	0.3	5:17	8:17	
4	Thu	8:53	2.4	9:07	3.2	2:38	0.3	2:29	0.4	5:17	8:17	
5	Fri	9:41	2.4	9:49	3.2	3:27	0.2	3:17	0.4	5:17	8:18	
6	Sat	10:22	2.3	10:26	3.2	4:11	0.2	4:00	0.4	5:16	8:19	
7	Sun	11:00	2.3	11:02	3.1	4:52	0.2	4:41	0.4	5:16	8:19	
8	Mon	11:38	2.3	11:40	3.0	5:34	0.3	5:23	0.5	5:16	8:20	
9	Tue			12:17	2.3	6:17	0.3	6:08	0.6	5:16	8:20	
10	Wed	12:18	3.0	12:55	2.3	7:00	0.4	6:54	0.7	5:16	8:21	
11	Thu	12:57	2.9	1:33	2.3	7:42	0.4	7:42	0.7	5:16	8:21	
12	Fri	1:36	2.7	2:10	2.4	8:21	0.5	8:29	0.8	5:15	8:22	
13	Sat	2:15	2.6	2:51	2.5	9:00	0.5	9:20	0.8	5:15	8:22	
14	Sun	2:58	2.5	3:38	2.5	9:41	0.6	10:17	0.8	5:15	8:23	
15	Mon	3:48	2.3	4:32	2.7	10:25	0.6	11:14	0.7	5:15	8:23	
16	Tue	4:46	2.3	5:25	2.8	11:11	0.6			5:15	8:23	
17	Wed	5:43	2.2	6:16	3.0	12:09	0.6	11:57 AM	0.5	5:16	8:24	
18	Thu	6:36	2.2	7:07	3.2	1:03	0.5	12:46	0.4	5:16	8:24	
19	Fri	7:31	2.3	8:01	3.4	2:00	0.4	1:40	0.4	5:16	8:24	
20	Sat	8:29	2.3	8:56	3.5	2:54	0.2	2:37	0.2	5:16	8:25	
21	Sun	9:25	2.5	9:50	3.6	3:45	0.1	3:32	0.1	5:16	8:25	
22	Mon	10:19	2.6	10:42	3.6	4:33	0.0	4:24	0.0	5:17	8:25	
23	Tue	11:13	2.7	11:35	3.5	5:21	-0.1	5:19	0.0	5:17	8:25	
24	Wed			12:11	2.8	6:12	-0.1	6:18	0.1	5:17	8:25	
25	Thu	12:30	3.4	1:08	2.9	7:04	-0.1	7:18	0.1	5:17	8:25	
26	Fri	1:24	3.2	2:03	3.0	7:54	-0.1	8:18	0.2	5:18	8:26	
27	Sat	2:17	3.0	3:00	3.0	8:44	0.0	9:18	0.3	5:18	8:26	
28	Sun	3:13	2.8	4:04	3.0	9:36	0.1	10:22	0.4	5:19	8:26	
29	Mon	4:21	2.5	5:12	3.1	10:31	0.2	11:24	0.4	5:19	8:25	
30	Tue	5:33	2.4	6:11	3.1	11:25	0.3			5:20	8:25	