US HARBORS www.USHarbors.com

Orient, NY - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:36	2.3	7:05	3.1	12:23	0.5	12:18	0.4	5:20	8:25	
2	Thu	7:36	2.3	7:58	3.1	1:20	0.5	1:10	0.5	5:21	8:25	
3	Fri	8:34	2.2	8:49	3.1	2:16	0.4	2:03	0.5	5:21	8:25	
4	Sat	9:24	2.3	9:32	3.1	3:07	0.4	2:53	0.5	5:22	8:25	
5	Sun	10:05	2.3	10:09	3.1	3:51	0.4	3:39	0.5	5:22	8:24	
6	Mon	10:41	2.3	10:43	3.1	4:31	0.3	4:21	0.5	5:23	8:24	
7	Tue	11:15	2.4	11:17	3.0	5:10	0.3	5:02	0.5	5:24	8:24	
8	Wed	11:49	2.4	11:53	2.9	5:49	0.3	5:44	0.5	5:24	8:24	
9	Thu			12:25	2.5	6:29	0.4	6:30	0.6	5:25	8:23	
10	Fri	12:30	2.9	1:01	2.5	7:07	0.4	7:16	0.6	5:26	8:23	
11	Sat	1:07	2.7	1:37	2.6	7:44	0.4	8:01	0.7	5:26	8:22	
12	Sun	1:44	2.6	2:15	2.7	8:19	0.5	8:48	0.7	5:27	8:22	
13	Mon	2:23	2.5	2:57	2.8	8:56	0.5	9:41	0.7	5:28	8:21	
14	Tue	3:07	2.3	3:47	2.8	9:37	0.6	10:39	0.7	5:29	8:21	
15	Wed	4:01	2.2	4:45	3.0	10:26	0.6	11:37	0.6	5:29	8:20	
16	Thu	5:04	2.2	5:43	3.1	11:19	0.5			5:30	8:19	
17	Fri	6:04	2.2	6:40	3.2	12:34	0.5	12:15	0.4	5:31	8:19	
18	Sat	7:03	2.3	7:39	3.3	1:32	0.4	1:14	0.3	5:32	8:18	
19	Sun	8:06	2.4	8:39	3.5	2:30	0.3	2:17	0.2	5:33	8:17	
20	Mon	9:08	2.6	9:35	3.5	3:23	0.1	3:17	0.1	5:34	8:17	
21	Tue	10:04	2.8	10:28	3.5	4:12	0.0	4:13	0.0	5:34	8:16	
22	Wed	10:58	2.9	11:20	3.5	4:59	-0.1	5:07	-0.1	5:35	8:15	
23	Thu	11:53	3.1			5:47	-0.2	6:04	0.0	5:36	8:14	
24	Fri	12:13	3.3	12:48	3.2	6:37	-0.1	7:02	0.0	5:37	8:13	
25	Sat	1:06	3.1	1:41	3.2	7:26	-0.1	7:59	0.1	5:38	8:12	
26	Sun	1:57	2.9	2:32	3.2	8:15	0.0	8:55	0.3	5:39	8:11	
27	Mon	2:48	2.7	3:29	3.1	9:05	0.2	9:55	0.4	5:40	8:11	
28	Tue	3:48	2.4	4:36	3.0	9:58	0.3	10:57	0.5	5:41	8:10	
29	Wed	5:03	2.3	5:43	3.0	10:55	0.5	11:56	0.6	5:42	8:09	
30	Thu	6:13	2.2	6:41	3.0	11:50	0.5			5:43	8:07	
31	Fri	7:13	2.2	7:36	3.0	12:52	0.6	12:43	0.6	5:44	8:06	