

































Orient, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:24	2.9	10:51	3.2	4:21	-0.5	4:38	-0.5	6:23	5:39	
2	Tue	11:15	2.8	11:43	3.2	5:14	-0.5	5:27	-0.4	6:21	5:41	
3	Wed			12:06	2.6	6:09	-0.3	6:17	-0.3	6:20	5:42	
4	Thu	12:33	3.1	12:55	2.4	7:02	-0.2	7:07	-0.1	6:18	5:43	
5	Fri	1:24	2.9	1:46	2.2	7:57	0.0	7:59	0.1	6:16	5:44	
6	Sat	2:20	2.7	2:49	2.0	8:55	0.2	8:57	0.2	6:15	5:45	
7	Sun	3:33	2.6	4:16	1.9	9:57	0.3	9:58	0.3	6:13	5:46	
8	Mon	4:49	2.5	5:26	1.9	10:56	0.4	10:58	0.4	6:12	5:47	
9	Tue	5:50	2.5	6:24	2.0	11:51	0.4	11:54	0.4	6:10	5:49	
10	Wed	6:44	2.5	7:16	2.1			12:43	0.3	6:08	5:50	
11	Thu	7:34	2.5	7:59	2.2	12:49	0.3	1:31	0.3	6:07	5:51	
12	Fri	8:14	2.5	8:33	2.4	1:41	0.2	2:13	0.2	6:05	5:52	
13	Sat	8:48	2.5	9:02	2.5	2:27	0.1	2:50	0.1	6:03	5:53	
14	Sun	10:18	2.5	10:29	2.6	4:08	0.1	4:25	0.1	7:02	6:54	
15	Mon	10:48	2.5	11:00	2.7	4:47	0.0	4:59	0.1	7:00	6:55	
16	Tue	11:20	2.4	11:34	2.8	5:27	0.0	5:33	0.1	6:58	6:56	
17	Wed	11:56	2.3			6:08	0.0	6:08	0.2	6:57	6:57	
18	Thu	12:11	2.8	12:34	2.3	6:52	0.1	6:46	0.2	6:55	6:58	
19	Fri	12:52	2.8	1:14	2.2	7:37	0.2	7:26	0.3	6:53	7:00	
20	Sat	1:34	2.8	1:55	2.1	8:23	0.3	8:10	0.3	6:52	7:01	
21	Sun	2:20	2.8	2:43	2.0	9:15	0.3	9:02	0.4	6:50	7:02	
22	Mon	3:13	2.7	3:42	2.0	10:13	0.4	10:06	0.4	6:48	7:03	
23	Tue	4:19	2.7	4:54	2.1	11:14	0.3	11:15	0.3	6:47	7:04	
24	Wed	5:29	2.7	6:03	2.3			12:10	0.2	6:45	7:05	
25	Thu	6:32	2.7	7:05	2.5	12:21	0.2	1:05	0.1	6:43	7:06	
26	Fri	7:34	2.8	8:05	2.8	1:25	0.1	2:00	0.0	6:42	7:07	
27	Sat	8:34	2.8	9:01	3.0	2:27	-0.1	2:51	-0.2	6:40	7:08	
28	Sun	9:28	2.9	9:51	3.3	3:24	-0.3	3:39	-0.3	6:38	7:09	
29	Mon	10:18	2.8	10:39	3.4	4:15	-0.4	4:25	-0.3	6:37	7:10	
30	Tue	11:06	2.8	11:27	3.4	5:04	-0.4	5:11	-0.3	6:35	7:11	
31	Wed	11:56	2.7			5:55	-0.3	5:59	-0.2	6:33	7:12	