

































## Orient, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:05	2.8	6:34	2.0			12:19	0.1	7:14	4:31	
2	Mon	6:58	2.8	7:33	2.0	12:11	0.1	1:16	0.1	7:14	4:31	
3	Tue	7:48	2.8	8:23	2.0	1:04	0.2	2:08	0.1	7:14	4:32	
4	Wed	8:32	2.8	9:05	2.0	1:54	0.2	2:52	0.0	7:14	4:33	
5	Thu	9:10	2.8	9:42	2.0	2:39	0.2	3:33	0.0	7:14	4:34	
6	Fri	9:45	2.8	10:16	2.0	3:20	0.2	4:12	0.0	7:14	4:35	
7	Sat	10:19	2.7	10:52	2.0	4:01	0.2	4:53	0.0	7:14	4:36	
8	Sun	10:55	2.7	11:29	2.0	4:43	0.2	5:34	0.0	7:14	4:37	
9	Mon	11:33	2.6			5:28	0.3	6:13	0.1	7:14	4:38	
10	Tue	12:05	2.1	12:10	2.5	6:14	0.3	6:51	0.1	7:13	4:39	
11	Wed	12:41	2.1	12:47	2.3	7:00	0.4	7:27	0.2	7:13	4:40	
12	Thu	1:19	2.2	1:26	2.2	7:48	0.4	8:04	0.2	7:13	4:41	
13	Fri	2:00	2.3	2:11	2.0	8:41	0.4	8:45	0.3	7:12	4:42	
14	Sat	2:50	2.4	3:05	1.9	9:40	0.4	9:32	0.3	7:12	4:43	
15	Sun	3:47	2.5	4:07	1.8	10:38	0.3	10:22	0.2	7:12	4:45	
16	Mon	4:44	2.7	5:06	1.8	11:35	0.2	11:15	0.2	7:11	4:46	
17	Tue	5:39	2.8	6:04	1.8			12:33	0.1	7:11	4:47	
18	Wed	6:37	3.0	7:05	1.9	12:12	0.1	1:31	0.0	7:10	4:48	
19	Thu	7:36	3.1	8:06	2.1	1:13	-0.1	2:24	-0.2	7:10	4:49	
20	Fri	8:32	3.2	9:01	2.3	2:12	-0.2	3:13	-0.3	7:09	4:50	
21	Sat	9:24	3.2	9:55	2.4	3:07	-0.3	4:00	-0.4	7:08	4:52	
22	Sun	10:16	3.2	10:49	2.6	4:01	-0.4	4:48	-0.5	7:08	4:53	
23	Mon	11:10	3.1	11:45	2.7	4:57	-0.4	5:38	-0.5	7:07	4:54	
24	Tue			12:03	2.9	5:56	-0.3	6:27	-0.4	7:06	4:55	
25	Wed	12:38	2.8	12:54	2.7	6:54	-0.2	7:16	-0.3	7:06	4:56	
26	Thu	1:30	2.8	1:45	2.4	7:51	-0.1	8:05	-0.2	7:05	4:58	
27	Fri	2:26	2.7	2:44	2.2	8:51	0.0	8:58	-0.1	7:04	4:59	
28	Sat	3:33	2.7	3:59	2.0	9:54	0.1	9:54	0.1	7:03	5:00	
29	Sun	4:40	2.6	5:09	1.9	10:55	0.2	10:49	0.2	7:02	5:01	
30	Mon	5:39	2.6	6:12	1.8	11:53	0.2	11:43	0.2	7:01	5:03	
31	Tue	6:35	2.6	7:12	1.8			12:50	0.2	7:00	5:04	