

































## Orient, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:36	2.9	9:03	2.6	2:10	-0.1	2:47	-0.2	6:22	5:40	
2	Mon	9:22	2.9	9:46	2.7	3:02	-0.2	3:30	-0.2	6:21	5:41	
3	Tue	10:05	2.8	10:27	2.8	3:49	-0.2	4:11	-0.2	6:19	5:42	
4	Wed	10:48	2.6	11:08	2.8	4:36	-0.2	4:52	-0.1	6:18	5:43	
5	Thu	11:29	2.5	11:48	2.8	5:24	-0.1	5:34	0.0	6:16	5:44	
6	Fri			12:08	2.3	6:11	0.0	6:15	0.1	6:15	5:45	
7	Sat	12:26	2.7	12:45	2.1	6:57	0.1	6:57	0.2	6:13	5:46	
8	Sun	1:04	2.6	2:22	2.0	8:44	0.3	8:39	0.4	7:11	6:48	
9	Mon	2:45	2.5	3:05	1.8	9:35	0.4	9:27	0.5	7:10	6:49	
10	Tue	3:36	2.4	4:02	1.7	10:33	0.5	10:23	0.6	7:08	6:50	
11	Wed	4:42	2.3	5:18	1.7	11:31	0.6	11:22	0.6	7:06	6:51	
12	Thu	5:49	2.4	6:22	1.8			12:25	0.5	7:05	6:52	
13	Fri	6:44	2.4	7:14	1.9	12:19	0.5	1:17	0.5	7:03	6:53	
14	Sat	7:35	2.5	8:03	2.1	1:14	0.4	2:06	0.3	7:01	6:54	
15	Sun	8:23	2.6	8:47	2.3	2:10	0.3	2:50	0.2	7:00	6:55	
16	Mon	9:07	2.6	9:27	2.6	3:01	0.1	3:29	0.1	6:58	6:56	
17	Tue	9:47	2.7	10:05	2.8	3:47	0.0	4:06	0.0	6:56	6:58	
18	Wed	10:27	2.7	10:45	3.0	4:30	-0.1	4:42	-0.1	6:55	6:59	
19	Thu	11:08	2.6	11:27	3.1	5:15	-0.2	5:20	-0.1	6:53	7:00	
20	Fri	11:51	2.5			6:02	-0.2	6:01	-0.1	6:51	7:01	
21	Sat	12:13	3.2	12:38	2.4	6:53	-0.2	6:48	0.0	6:50	7:02	
22	Sun	1:02	3.2	1:26	2.3	7:45	-0.1	7:38	0.0	6:48	7:03	
23	Mon	1:53	3.1	2:17	2.2	8:39	0.1	8:32	0.1	6:46	7:04	
24	Tue	2:48	3.0	3:16	2.1	9:39	0.2	9:35	0.2	6:45	7:05	
25	Wed	3:54	2.9	4:34	2.1	10:44	0.2	10:45	0.3	6:43	7:06	
26	Thu	5:14	2.8	5:57	2.2	11:47	0.2	11:54	0.3	6:41	7:07	
27	Fri	6:26	2.7	7:06	2.3			12:45	0.2	6:40	7:08	
28	Sat	7:31	2.7	8:07	2.5	12:59	0.2	1:41	0.1	6:38	7:09	
29	Sun	8:31	2.7	9:00	2.7	2:02	0.1	2:34	0.1	6:36	7:10	
30	Mon	9:23	2.7	9:44	2.9	2:59	0.0	3:20	0.0	6:35	7:12	
31	Tue	10:07	2.7	10:23	3.0	3:48	-0.1	4:01	0.0	6:33	7:13	