
























Plum Gut Harbor, Plum Island, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:43	2.8	6:13	1.8			12:21	0.0	7:14	4:30	
2	Mon	6:35	2.8	7:09	1.8	12:11	0.1	1:15	-0.1	7:14	4:31	
3	Tue	7:21	2.8	7:56	1.9	1:03	0.2	2:03	-0.2	7:14	4:32	
4	Wed	8:04	2.8	8:37	1.9	1:51	0.2	2:45	-0.2	7:14	4:33	
5	Thu	8:44	2.8	9:15	2.0	2:34	0.2	3:24	-0.2	7:14	4:34	
6	Fri	9:23	2.7	9:52	2.1	3:15	0.2	4:02	-0.2	7:14	4:35	
7	Sat	10:03	2.7	10:31	2.1	3:53	0.2	4:39	-0.2	7:14	4:35	
8	Sun	10:43	2.7	11:11	2.2	4:31	0.2	5:16	-0.2	7:13	4:36	
9	Mon	11:23	2.6	11:53	2.2	5:11	0.2	5:54	-0.1	7:13	4:37	
10	Tue			12:04	2.5	5:52	0.2	6:32	-0.1	7:13	4:39	
11	Wed	12:36	2.3	12:46	2.3	6:38	0.2	7:11	0.0	7:13	4:40	
12	Thu	1:22	2.3	1:30	2.2	7:27	0.3	7:51	0.1	7:12	4:41	
13	Fri	2:08	2.3	2:17	2.0	8:20	0.3	8:33	0.2	7:12	4:42	
14	Sat	2:56	2.4	3:09	1.8	9:16	0.3	9:19	0.2	7:12	4:43	
15	Sun	3:45	2.4	4:07	1.8	10:14	0.2	10:09	0.3	7:11	4:44	
16	Mon	4:35	2.5	5:07	1.7	11:12	0.1	11:02	0.2	7:11	4:45	
17	Tue	5:26	2.7	6:06	1.8			12:08	-0.1	7:10	4:46	
18	Wed	6:19	2.8	7:00	1.9			1:02	-0.3	7:10	4:47	
19	Thu	7:12	3.0	7:52	2.1	12:52	0.0	1:54	-0.5	7:09	4:49	
20	Fri	8:05	3.2	8:42	2.2	1:47	-0.1	2:45	-0.6	7:09	4:50	
21	Sat	8:57	3.3	9:31	2.4	2:41	-0.3	3:36	-0.7	7:08	4:51	
22	Sun	9:49	3.3	10:22	2.5	3:35	-0.4	4:25	-0.7	7:07	4:52	
23	Mon	10:41	3.2	11:14	2.6	4:31	-0.5	5:15	-0.7	7:07	4:53	
24	Tue	11:33	3.0			5:28	-0.5	6:05	-0.6	7:06	4:55	
25	Wed	12:08	2.7	12:26	2.7	6:28	-0.4	6:56	-0.5	7:05	4:56	
26	Thu	1:05	2.8	1:22	2.4	7:31	-0.2	7:49	-0.3	7:04	4:57	
27	Fri	2:04	2.8	2:22	2.1	8:37	-0.1	8:46	-0.1	7:04	4:58	
28	Sat	3:06	2.7	3:29	1.8	9:45	0.0	9:46	0.1	7:03	5:00	
29	Sun	4:09	2.6	4:41	1.7	10:53	0.1	10:48	0.2	7:02	5:01	
30	Mon	5:12	2.6	5:52	1.7	11:57	0.0	11:50	0.3	7:01	5:02	
31	Tue	6:11	2.5	6:53	1.8			12:54	0.0	7:00	5:03	