

Plum Gut Harbor, Plum Island, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:12	2.6	5:37	1.9	11:39	0.1	11:38	0.1	7:13	4:30	
2	Thu	5:59	2.8	6:30	2.0			12:32	-0.1	7:14	4:31	
3	Fri	6:46	3.0	7:21	2.1	12:27	0.0	1:23	-0.4	7:14	4:32	
4	Sat	7:34	3.2	8:11	2.2	1:17	-0.1	2:13	-0.5	7:14	4:33	
5	Sun	8:23	3.3	9:01	2.3	2:08	-0.2	3:04	-0.7	7:14	4:34	
6	Mon	9:14	3.4	9:51	2.4	3:00	-0.3	3:55	-0.8	7:13	4:35	
7	Tue	10:06	3.4	10:43	2.5	3:54	-0.4	4:47	-0.8	7:13	4:36	
8	Wed	11:00	3.3	11:37	2.5	4:50	-0.4	5:39	-0.7	7:13	4:37	
9	Thu	11:55	3.1			5:49	-0.4	6:33	-0.6	7:13	4:38	
10	Fri	12:34	2.6	12:52	2.8	6:51	-0.3	7:28	-0.5	7:13	4:39	
11	Sat	1:34	2.6	1:52	2.5	7:57	-0.1	8:24	-0.3	7:13	4:40	
12	Sun	2:37	2.6	2:56	2.2	9:05	0.0	9:23	-0.2	7:12	4:41	
13	Mon	3:42	2.6	4:04	2.0	10:14	0.0	10:22	0.0	7:12	4:42	
14	Tue	4:46	2.6	5:12	1.9	11:21	0.0	11:21	0.1	7:12	4:43	
15	Wed	5:45	2.7	6:16	1.8			12:22	0.0	7:11	4:44	
16	Thu	6:37	2.7	7:11	1.8	12:17	0.1	1:16	-0.1	7:11	4:45	
17	Fri	7:23	2.7	7:56	1.9	1:09	0.2	2:02	-0.2	7:10	4:46	
18	Sat	8:05	2.7	8:35	2.0	1:55	0.2	2:43	-0.2	7:10	4:47	
19	Sun	8:44	2.7	9:12	2.1	2:36	0.2	3:21	-0.2	7:09	4:49	
20	Mon	9:23	2.7	9:49	2.1	3:14	0.2	3:57	-0.2	7:09	4:50	
21	Tue	10:01	2.7	10:27	2.2	3:51	0.1	4:33	-0.2	7:08	4:51	
22	Wed	10:40	2.7	11:07	2.3	4:28	0.1	5:09	-0.2	7:07	4:52	
23	Thu	11:20	2.6	11:48	2.3	5:07	0.1	5:45	-0.2	7:07	4:53	
24	Fri			12:00	2.5	5:48	0.1	6:23	-0.1	7:06	4:55	
25	Sat	12:30	2.3	12:40	2.3	6:33	0.1	7:02	-0.1	7:05	4:56	
26	Sun	1:14	2.4	1:23	2.2	7:21	0.2	7:43	0.0	7:04	4:57	
27	Mon	1:59	2.4	2:10	2.0	8:14	0.2	8:27	0.1	7:03	4:58	
28	Tue	2:47	2.4	3:04	1.9	9:10	0.2	9:16	0.2	7:03	5:00	
29	Wed	3:37	2.5	4:04	1.8	10:10	0.1	10:09	0.2	7:02	5:01	
30	Thu	4:31	2.6	5:06	1.8	11:09	0.0	11:06	0.2	7:01	5:02	
31	Fri	5:26	2.7	6:05	1.9			12:07	-0.2	7:00	5:03	