

Ponquoque Point, NY - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:51	2.8	6:09	2.0			12:39	0.1	7:14	4:32	
2	Thu	6:31	2.9	6:50	2.0	12:14	0.1	1:19	0.0	7:14	4:33	
3	Fri	7:11	2.9	7:31	2.1	12:55	0.0	1:57	0.0	7:14	4:34	
4	Sat	7:50	3.0	8:12	2.2	1:35	0.0	2:32	-0.1	7:14	4:35	
5	Sun	8:30	3.0	8:54	2.2	2:13	0.0	3:06	-0.1	7:14	4:36	
6	Mon	9:11	2.9	9:36	2.3	2:52	0.0	3:41	-0.2	7:14	4:37	
7	Tue	9:52	2.9	10:20	2.4	3:31	0.0	4:15	-0.2	7:14	4:38	
8	Wed	10:34	2.8	11:05	2.5	4:14	0.0	4:52	-0.2	7:14	4:39	
9	Thu	11:19	2.6	11:53	2.6	5:02	0.1	5:33	-0.1	7:14	4:40	
10	Fri			12:07	2.5	5:58	0.1	6:19	-0.1	7:13	4:41	
11	Sat	12:44	2.7	1:00	2.3	7:02	0.1	7:12	-0.1	7:13	4:42	
12	Sun	1:40	2.8	1:59	2.2	8:10	0.1	8:09	-0.1	7:13	4:43	
13	Mon	2:41	2.9	3:04	2.1	9:18	0.0	9:10	-0.2	7:13	4:44	
14	Tue	3:45	3.0	4:10	2.1	10:25	-0.1	10:13	-0.3	7:12	4:45	
15	Wed	4:46	3.2	5:13	2.2	11:29	-0.2	11:15	-0.4	7:12	4:46	
16	Thu	5:45	3.4	6:11	2.4			12:28	-0.4	7:11	4:48	
17	Fri	6:40	3.5	7:05	2.5	12:17	-0.5	1:23	-0.5	7:11	4:49	
18	Sat	7:32	3.5	7:58	2.6	1:15	-0.6	2:12	-0.6	7:10	4:50	
19	Sun	8:22	3.4	8:50	2.7	2:09	-0.6	2:59	-0.7	7:10	4:51	
20	Mon	9:12	3.3	9:40	2.7	3:00	-0.5	3:43	-0.6	7:09	4:52	
21	Tue	9:59	3.1	10:29	2.8	3:51	-0.4	4:26	-0.5	7:09	4:53	
22	Wed	10:46	2.8	11:17	2.7	4:42	-0.3	5:10	-0.4	7:08	4:55	
23	Thu	11:31	2.6			5:35	-0.1	5:54	-0.2	7:07	4:56	
24	Fri	12:05	2.6	12:18	2.3	6:32	0.1	6:41	0.0	7:07	4:57	
25	Sat	12:54	2.6	1:07	2.0	7:33	0.3	7:30	0.1	7:06	4:58	
26	Sun	1:46	2.5	2:00	1.9	8:35	0.4	8:22	0.2	7:05	4:59	
27	Mon	2:42	2.4	3:00	1.8	9:36	0.4	9:16	0.3	7:04	5:01	
28	Tue	3:41	2.5	4:01	1.7	10:34	0.4	10:10	0.3	7:03	5:02	
29	Wed	4:36	2.5	4:56	1.8	11:28	0.3	11:02	0.2	7:02	5:03	
30	Thu	5:25	2.6	5:45	1.9			12:15	0.2	7:02	5:04	
31	Fri	6:09	2.8	6:28	2.0			12:57	0.1	7:01	5:06	