

Ponquoque Point, NY - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:42	2.8	6:03	2.3			12:22	0.2	6:23	5:40	
2	Sun	6:24	2.9	6:44	2.5	12:14	0.1	12:59	0.0	6:22	5:42	
3	Mon	7:03	3.0	7:24	2.7	12:58	0.0	1:33	-0.1	6:20	5:43	
4	Tue	7:43	3.0	8:04	2.9	1:39	-0.1	2:06	-0.2	6:19	5:44	
5	Wed	8:23	3.0	8:45	3.1	2:20	-0.2	2:39	-0.3	6:17	5:45	
6	Thu	9:04	3.0	9:27	3.2	3:00	-0.3	3:13	-0.3	6:16	5:46	
7	Fri	9:47	2.9	10:12	3.3	3:43	-0.2	3:50	-0.3	6:14	5:47	
8	Sat	10:33	2.7	11:00	3.2	4:29	-0.2	4:31	-0.2	6:12	5:48	
9	Sun	11:22	2.5	11:53	3.2	5:22	0.0	5:19	-0.1	6:11	5:49	
10	Mon			12:16	2.4	6:24	0.1	6:17	0.1	6:09	5:51	
11	Tue	12:52	3.1	1:18	2.2	7:35	0.3	7:27	0.2	6:07	5:52	
12	Wed	1:58	3.0	2:29	2.2	8:49	0.3	8:43	0.2	6:06	5:53	
13	Thu	3:10	3.0	3:44	2.3	9:59	0.2	9:57	0.2	6:04	5:54	
14	Fri	4:19	3.0	4:51	2.5	11:01	0.1	11:04	0.0	6:03	5:55	
15	Sat	5:20	3.1	5:48	2.7	11:56	-0.1			6:01	5:56	
16	Sun	6:12	3.2	6:36	2.9	12:04	-0.1	12:43	-0.2	5:59	5:57	
17	Mon	6:58	3.2	7:21	3.1	12:57	-0.2	1:25	-0.3	5:58	5:58	
18	Tue	7:41	3.1	8:02	3.2	1:44	-0.3	2:03	-0.3	5:56	5:59	
19	Wed	8:22	3.0	8:43	3.3	2:28	-0.3	2:39	-0.3	5:54	6:00	
20	Thu	9:02	2.9	9:23	3.2	3:09	-0.2	3:14	-0.2	5:53	6:01	
21	Fri	9:42	2.7	10:03	3.2	3:49	-0.1	3:49	0.0	5:51	6:02	
22	Sat	10:23	2.6	10:45	3.0	4:29	0.1	4:24	0.2	5:49	6:04	
23	Sun	11:05	2.4	11:29	2.9	5:13	0.3	5:03	0.3	5:48	6:05	
24	Mon	11:50	2.2			6:02	0.5	5:48	0.5	5:46	6:06	
25	Tue	12:18	2.7	12:40	2.1	7:00	0.6	6:45	0.6	5:44	6:07	
26	Wed	1:12	2.6	1:38	2.0	8:06	0.7	7:51	0.7	5:43	6:08	
27	Thu	2:13	2.5	2:44	2.0	9:10	0.7	8:59	0.7	5:41	6:09	
28	Fri	3:17	2.6	3:48	2.1	10:06	0.6	10:01	0.6	5:39	6:10	
29	Sat	4:16	2.7	4:43	2.4	10:54	0.5	10:56	0.4	5:38	6:11	
30	Sun	5:06	2.8	5:30	2.6	11:36	0.3	11:47	0.2	5:36	6:12	
31	Mon	5:51	2.9	6:13	2.9			12:15	0.2	5:34	6:13	