

Ponquoque Point, NY - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:40	3.0	10:05	3.9	3:52	-0.2	3:47	-0.2	5:22	8:25	
2	Wed	10:35	3.0	10:58	3.7	4:41	-0.2	4:42	-0.1	5:22	8:25	
3	Thu	11:31	3.1	11:50	3.5	5:31	-0.2	5:39	0.1	5:23	8:25	
4	Fri			12:25	3.1	6:21	-0.1	6:39	0.3	5:23	8:25	
5	Sat	12:42	3.2	1:19	3.1	7:13	0.1	7:43	0.4	5:24	8:24	
6	Sun	1:34	2.9	2:14	3.0	8:05	0.2	8:48	0.5	5:24	8:24	
7	Mon	2:27	2.7	3:09	3.0	8:57	0.3	9:51	0.6	5:25	8:24	
8	Tue	3:23	2.5	4:06	3.0	9:48	0.4	10:51	0.6	5:26	8:23	
9	Wed	4:22	2.3	5:00	3.0	10:37	0.5	11:47	0.6	5:26	8:23	
10	Thu	5:18	2.3	5:50	3.1	11:26	0.5			5:27	8:23	
11	Fri	6:09	2.3	6:35	3.1	12:38	0.6	12:13	0.5	5:28	8:22	
12	Sat	6:54	2.3	7:17	3.2	1:25	0.5	12:59	0.5	5:28	8:22	
13	Sun	7:36	2.4	7:58	3.3	2:07	0.5	1:43	0.5	5:29	8:21	
14	Mon	8:17	2.5	8:37	3.3	2:45	0.4	2:24	0.4	5:30	8:21	
15	Tue	8:58	2.6	9:17	3.3	3:21	0.3	3:03	0.4	5:31	8:20	
16	Wed	9:39	2.6	9:56	3.3	3:55	0.3	3:42	0.4	5:32	8:20	
17	Thu	10:21	2.7	10:36	3.2	4:28	0.3	4:20	0.4	5:32	8:19	
18	Fri	11:03	2.8	11:17	3.1	5:01	0.3	5:00	0.4	5:33	8:18	
19	Sat	11:46	2.9	11:59	3.0	5:35	0.3	5:44	0.5	5:34	8:18	
20	Sun			12:31	3.0	6:11	0.3	6:35	0.5	5:35	8:17	
21	Mon	12:44	2.9	1:18	3.1	6:53	0.3	7:32	0.6	5:36	8:16	
22	Tue	1:33	2.7	2:11	3.2	7:41	0.3	8:36	0.6	5:37	8:15	
23	Wed	2:28	2.6	3:08	3.3	8:35	0.3	9:43	0.5	5:37	8:14	
24	Thu	3:29	2.5	4:11	3.4	9:35	0.3	10:50	0.5	5:38	8:14	
25	Fri	4:35	2.5	5:14	3.5	10:37	0.2	11:55	0.3	5:39	8:13	
26	Sat	5:39	2.6	6:14	3.7	11:41	0.1			5:40	8:12	
27	Sun	6:40	2.8	7:11	3.9	12:56	0.2	12:45	0.0	5:41	8:11	
28	Mon	7:36	2.9	8:05	3.9	1:53	0.0	1:45	-0.1	5:42	8:10	
29	Tue	8:30	3.1	8:56	3.9	2:44	-0.1	2:42	-0.2	5:43	8:09	
30	Wed	9:23	3.2	9:47	3.8	3:32	-0.2	3:36	-0.2	5:44	8:08	
31	Thu	10:15	3.3	10:36	3.6	4:18	-0.2	4:28	-0.1	5:45	8:07	