

Ponquoque Point, NY - Aug 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:06	3.3	11:24	3.4	5:02	-0.2	5:20	0.0	5:46	8:06	
2	Sat	11:55	3.3			5:47	0.0	6:14	0.2	5:47	8:05	
3	Sun	12:12	3.1	12:44	3.2	6:32	0.1	7:11	0.4	5:48	8:04	
4	Mon	1:00	2.8	1:34	3.1	7:20	0.3	8:12	0.6	5:49	8:02	
5	Tue	1:49	2.6	2:27	3.0	8:11	0.5	9:15	0.7	5:50	8:01	
6	Wed	2:43	2.4	3:23	3.0	9:05	0.6	10:18	0.8	5:51	8:00	
7	Thu	3:42	2.2	4:23	2.9	10:00	0.7	11:17	0.8	5:52	7:59	
8	Fri	4:44	2.2	5:20	3.0	10:56	0.7			5:53	7:58	
9	Sat	5:41	2.3	6:11	3.0	12:12	0.8	11:49 AM	0.7	5:54	7:56	
10	Sun	6:31	2.4	6:55	3.2	1:00	0.7	12:38	0.6	5:55	7:55	
11	Mon	7:14	2.5	7:35	3.2	1:41	0.6	1:24	0.5	5:56	7:54	
12	Tue	7:55	2.6	8:14	3.3	2:18	0.5	2:06	0.4	5:57	7:52	
13	Wed	8:34	2.8	8:52	3.3	2:52	0.4	2:45	0.4	5:58	7:51	
14	Thu	9:13	2.9	9:30	3.3	3:23	0.3	3:23	0.3	5:59	7:50	
15	Fri	9:52	3.0	10:09	3.3	3:54	0.2	4:01	0.3	6:00	7:48	
16	Sat	10:33	3.1	10:49	3.2	4:25	0.2	4:40	0.3	6:01	7:47	
17	Sun	11:15	3.2	11:31	3.0	4:58	0.2	5:22	0.4	6:02	7:45	
18	Mon	11:59	3.3			5:34	0.3	6:10	0.4	6:03	7:44	
19	Tue	12:16	2.9	12:48	3.3	6:15	0.3	7:07	0.5	6:04	7:43	
20	Wed	1:06	2.7	1:41	3.3	7:05	0.4	8:13	0.6	6:05	7:41	
21	Thu	2:03	2.6	2:42	3.3	8:06	0.4	9:24	0.6	6:05	7:40	
22	Fri	3:07	2.5	3:49	3.4	9:14	0.5	10:35	0.6	6:06	7:38	
23	Sat	4:18	2.5	4:58	3.5	10:25	0.4	11:41	0.4	6:07	7:37	
24	Sun	5:26	2.7	6:01	3.6	11:34	0.3			6:08	7:35	
25	Mon	6:28	2.9	6:57	3.7	12:41	0.2	12:38	0.1	6:09	7:34	
26	Tue	7:23	3.1	7:49	3.8	1:34	0.1	1:38	0.0	6:10	7:32	
27	Wed	8:14	3.3	8:38	3.8	2:22	-0.1	2:32	-0.1	6:11	7:31	
28	Thu	9:02	3.5	9:24	3.6	3:06	-0.2	3:22	-0.1	6:12	7:29	
29	Fri	9:49	3.6	10:10	3.5	3:48	-0.1	4:10	-0.1	6:13	7:27	
30	Sat	10:35	3.6	10:55	3.2	4:28	-0.1	4:57	0.1	6:14	7:26	
31	Sun	11:20	3.5	11:39	3.0	5:08	0.1	5:45	0.3	6:15	7:24	