

Ponquoque Point, NY - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:20	2.8	5:55	0.8	7:10	0.7	6:20	4:46	
2	Sun	12:54	2.2	1:16	2.7	7:03	0.8	8:08	0.7	6:21	4:45	
3	Mon	1:53	2.3	2:14	2.6	8:12	0.8	8:59	0.6	6:23	4:44	
4	Tue	2:53	2.4	3:12	2.6	9:14	0.7	9:44	0.5	6:24	4:43	
5	Wed	3:48	2.6	4:05	2.6	10:09	0.6	10:26	0.4	6:25	4:41	
6	Thu	4:36	2.9	4:54	2.7	10:59	0.4	11:06	0.2	6:26	4:40	
7	Fri	5:20	3.2	5:39	2.8	11:47	0.2	11:46	0.1	6:27	4:39	
8	Sat	6:02	3.4	6:23	2.8			12:33	0.0	6:28	4:38	
9	Sun	6:45	3.6	7:07	2.9	12:27	0.0	1:18	-0.1	6:30	4:37	
10	Mon	7:29	3.7	7:53	2.8	1:09	-0.1	2:04	-0.2	6:31	4:36	
11	Tue	8:16	3.8	8:41	2.8	1:53	-0.2	2:50	-0.2	6:32	4:35	
12	Wed	9:05	3.7	9:33	2.7	2:39	-0.2	3:39	-0.2	6:33	4:34	
13	Thu	9:58	3.6	10:28	2.6	3:29	-0.1	4:32	-0.1	6:34	4:33	
14	Fri	10:53	3.4	11:27	2.6	4:24	0.1	5:31	0.0	6:36	4:32	
15	Sat	11:52	3.2			5:27	0.2	6:35	0.1	6:37	4:32	
16	Sun	12:29	2.5	12:53	3.0	6:41	0.3	7:39	0.1	6:38	4:31	
17	Mon	1:35	2.6	1:57	2.8	7:58	0.4	8:40	0.1	6:39	4:30	
18	Tue	2:42	2.7	3:02	2.7	9:09	0.3	9:34	0.1	6:40	4:29	
19	Wed	3:45	2.9	4:04	2.6	10:13	0.2	10:24	0.0	6:41	4:29	
20	Thu	4:39	3.1	4:58	2.6	11:10	0.1	11:10	0.0	6:43	4:28	
21	Fri	5:26	3.2	5:45	2.6			12:02	0.0	6:44	4:27	
22	Sat	6:08	3.3	6:27	2.5			12:48	0.0	6:45	4:27	
23	Sun	6:48	3.3	7:08	2.5	12:35	0.0	1:30	-0.1	6:46	4:26	
24	Mon	7:26	3.3	7:48	2.4	1:14	0.0	2:10	0.0	6:47	4:25	
25	Tue	8:06	3.3	8:28	2.4	1:52	0.1	2:48	0.0	6:48	4:25	
26	Wed	8:46	3.2	9:10	2.3	2:30	0.1	3:26	0.1	6:49	4:24	
27	Thu	9:28	3.1	9:54	2.3	3:07	0.2	4:05	0.2	6:50	4:24	
28	Fri	10:12	2.9	10:40	2.2	3:47	0.3	4:47	0.3	6:52	4:24	
29	Sat	10:57	2.8	11:29	2.2	4:31	0.4	5:32	0.3	6:53	4:23	
30	Sun	11:44	2.7			5:21	0.5	6:20	0.4	6:54	4:23	