

Ponquoque Point, NY - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:19	2.2	12:34	2.5	6:20	0.6	7:10	0.4	6:55	4:23	
2	Tue	1:12	2.3	1:26	2.4	7:25	0.6	7:59	0.3	6:56	4:22	
3	Wed	2:06	2.4	2:21	2.4	8:28	0.5	8:45	0.3	6:57	4:22	
4	Thu	3:01	2.6	3:18	2.3	9:27	0.4	9:31	0.2	6:58	4:22	
5	Fri	3:54	2.8	4:13	2.4	10:23	0.2	10:18	0.0	6:59	4:22	
6	Sat	4:44	3.1	5:05	2.4	11:16	0.0	11:05	-0.1	7:00	4:22	
7	Sun	5:33	3.3	5:55	2.5			12:08	-0.1	7:00	4:22	
8	Mon	6:21	3.5	6:44	2.6			12:59	-0.3	7:01	4:22	
9	Tue	7:10	3.7	7:34	2.6	12:45	-0.3	1:49	-0.4	7:02	4:22	
10	Wed	8:00	3.7	8:26	2.6	1:36	-0.4	2:39	-0.5	7:03	4:22	
11	Thu	8:52	3.6	9:20	2.6	2:28	-0.4	3:29	-0.5	7:04	4:22	
12	Fri	9:45	3.5	10:17	2.6	3:22	-0.4	4:20	-0.4	7:05	4:22	
13	Sat	10:40	3.3	11:14	2.6	4:18	-0.2	5:14	-0.3	7:05	4:22	
14	Sun	11:35	3.1			5:21	-0.1	6:11	-0.2	7:06	4:22	
15	Mon	12:13	2.6	12:31	2.8	6:30	0.1	7:09	-0.2	7:07	4:23	
16	Tue	1:13	2.7	1:30	2.5	7:41	0.2	8:05	-0.1	7:08	4:23	
17	Wed	2:15	2.7	2:31	2.3	8:50	0.2	8:59	0.0	7:08	4:23	
18	Thu	3:15	2.8	3:33	2.2	9:54	0.2	9:50	0.0	7:09	4:24	
19	Fri	4:12	2.8	4:30	2.1	10:52	0.1	10:39	0.0	7:09	4:24	
20	Sat	5:01	2.9	5:21	2.1	11:45	0.1	11:26	0.0	7:10	4:24	
21	Sun	5:45	3.0	6:05	2.1			12:32	0.0	7:11	4:25	
22	Mon	6:26	3.0	6:46	2.1	12:10	0.0	1:14	0.0	7:11	4:25	
23	Tue	7:06	3.0	7:26	2.2	12:52	0.0	1:54	-0.1	7:11	4:26	
24	Wed	7:45	3.0	8:07	2.2	1:32	0.0	2:30	-0.1	7:12	4:27	
25	Thu	8:25	3.0	8:48	2.2	2:11	0.0	3:06	-0.1	7:12	4:27	
26	Fri	9:05	2.9	9:31	2.2	2:49	0.0	3:42	-0.1	7:13	4:28	
27	Sat	9:46	2.8	10:14	2.2	3:27	0.1	4:17	0.0	7:13	4:28	
28	Sun	10:28	2.7	10:58	2.3	4:08	0.2	4:54	0.0	7:13	4:29	
29	Mon	11:10	2.6	11:43	2.3	4:52	0.2	5:32	0.1	7:13	4:30	
30	Tue	11:55	2.5			5:42	0.3	6:14	0.1	7:14	4:31	
31	Wed	12:30	2.4	12:42	2.3	6:40	0.3	6:59	0.1	7:14	4:31	