

Ponquoque Point, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:19	2.5	1:33	2.2	7:42	0.3	7:46	0.1	7:14	4:32	
2	Fri	2:14	2.6	2:32	2.1	8:45	0.3	8:39	0.0	7:14	4:33	
3	Sat	3:12	2.8	3:34	2.1	9:48	0.1	9:35	-0.1	7:14	4:34	
4	Sun	4:11	3.0	4:34	2.1	10:49	0.0	10:33	-0.2	7:14	4:35	
5	Mon	5:07	3.2	5:32	2.3	11:47	-0.2	11:32	-0.3	7:14	4:36	
6	Tue	6:01	3.4	6:26	2.4			12:43	-0.4	7:14	4:37	
7	Wed	6:54	3.5	7:20	2.5	12:30	-0.5	1:35	-0.5	7:14	4:38	
8	Thu	7:46	3.6	8:13	2.7	1:26	-0.6	2:24	-0.7	7:14	4:39	
9	Fri	8:37	3.6	9:06	2.8	2:21	-0.6	3:12	-0.7	7:14	4:40	
10	Sat	9:29	3.4	10:00	2.8	3:14	-0.6	3:59	-0.7	7:13	4:41	
11	Sun	10:20	3.2	10:53	2.9	4:09	-0.5	4:47	-0.6	7:13	4:42	
12	Mon	11:11	2.9	11:46	2.8	5:06	-0.3	5:36	-0.5	7:13	4:43	
13	Tue			12:02	2.6	6:07	-0.1	6:27	-0.3	7:13	4:44	
14	Wed	12:40	2.8	12:54	2.3	7:12	0.0	7:21	-0.1	7:12	4:45	
15	Thu	1:36	2.7	1:51	2.1	8:18	0.2	8:16	0.0	7:12	4:46	
16	Fri	2:35	2.6	2:52	1.9	9:24	0.2	9:11	0.1	7:11	4:47	
17	Sat	3:35	2.6	3:55	1.8	10:25	0.2	10:06	0.1	7:11	4:48	
18	Sun	4:32	2.6	4:52	1.8	11:22	0.2	10:58	0.1	7:10	4:50	
19	Mon	5:22	2.7	5:42	1.9			12:12	0.1	7:10	4:51	
20	Tue	6:06	2.7	6:25	2.0			12:56	0.1	7:09	4:52	
21	Wed	6:47	2.8	7:05	2.1	12:34	0.0	1:34	0.0	7:09	4:53	
22	Thu	7:25	2.9	7:45	2.2	1:15	0.0	2:08	-0.1	7:08	4:54	
23	Fri	8:03	2.9	8:24	2.3	1:54	-0.1	2:41	-0.1	7:07	4:55	
24	Sat	8:41	2.9	9:04	2.4	2:32	-0.1	3:12	-0.2	7:07	4:57	
25	Sun	9:19	2.8	9:44	2.4	3:08	-0.1	3:42	-0.2	7:06	4:58	
26	Mon	9:58	2.7	10:24	2.5	3:46	0.0	4:13	-0.1	7:05	4:59	
27	Tue	10:37	2.6	11:06	2.6	4:25	0.0	4:46	-0.1	7:04	5:00	
28	Wed	11:19	2.4	11:50	2.6	5:10	0.1	5:23	-0.1	7:04	5:01	
29	Thu			12:05	2.3	6:01	0.2	6:07	0.0	7:03	5:03	
30	Fri	12:40	2.7	12:56	2.1	7:02	0.2	6:59	0.0	7:02	5:04	
31	Sat	1:35	2.7	1:55	2.0	8:09	0.2	8:00	0.0	7:01	5:05	