

Ponquoque Point, NY - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:47	3.0	5:24	3.1	11:14	0.1	11:49	0.2	5:48	7:45	
2	Sat	5:46	3.0	6:17	3.4			12:05	0.0	5:47	7:46	
3	Sun	6:38	3.0	7:04	3.6	12:46	0.0	12:52	0.0	5:45	7:47	
4	Mon	7:26	3.0	7:49	3.7	1:39	-0.1	1:38	-0.1	5:44	7:48	
5	Tue	8:11	2.9	8:32	3.7	2:27	-0.1	2:21	0.0	5:43	7:49	
6	Wed	8:55	2.8	9:15	3.6	3:11	-0.1	3:02	0.0	5:42	7:51	
7	Thu	9:38	2.7	9:58	3.5	3:54	0.0	3:42	0.1	5:40	7:52	
8	Fri	10:22	2.6	10:42	3.4	4:36	0.1	4:22	0.3	5:39	7:53	
9	Sat	11:07	2.5	11:27	3.2	5:19	0.3	5:04	0.4	5:38	7:54	
10	Sun	11:54	2.4			6:04	0.4	5:50	0.6	5:37	7:55	
11	Mon	12:14	3.0	12:43	2.4	6:54	0.6	6:43	0.7	5:36	7:56	
12	Tue	1:03	2.9	1:35	2.3	7:48	0.6	7:45	0.8	5:35	7:57	
13	Wed	1:54	2.7	2:31	2.4	8:42	0.7	8:51	0.9	5:34	7:58	
14	Thu	2:49	2.6	3:28	2.5	9:32	0.7	9:53	0.8	5:33	7:59	
15	Fri	3:45	2.6	4:23	2.6	10:18	0.6	10:49	0.7	5:32	8:00	
16	Sat	4:40	2.6	5:13	2.9	11:01	0.5	11:41	0.6	5:31	8:01	
17	Sun	5:31	2.6	5:59	3.1	11:42	0.4			5:30	8:02	
18	Mon	6:18	2.6	6:42	3.3	12:30	0.4	12:23	0.3	5:29	8:02	
19	Tue	7:03	2.7	7:25	3.5	1:16	0.3	1:05	0.2	5:28	8:03	
20	Wed	7:47	2.8	8:09	3.7	2:02	0.1	1:48	0.1	5:28	8:04	
21	Thu	8:32	2.8	8:55	3.8	2:46	0.0	2:32	0.1	5:27	8:05	
22	Fri	9:20	2.8	9:43	3.8	3:32	0.0	3:18	0.0	5:26	8:06	
23	Sat	10:10	2.8	10:33	3.7	4:18	0.0	4:06	0.1	5:25	8:07	
24	Sun	11:03	2.8	11:26	3.6	5:07	0.0	4:58	0.1	5:25	8:08	
25	Mon	11:58	2.8			6:00	0.1	5:56	0.2	5:24	8:09	
26	Tue	12:21	3.5	12:56	2.8	6:57	0.1	7:03	0.4	5:23	8:10	
27	Wed	1:17	3.3	1:57	2.9	7:56	0.2	8:15	0.4	5:23	8:11	
28	Thu	2:17	3.1	2:59	3.0	8:55	0.2	9:26	0.4	5:22	8:11	
29	Fri	3:18	2.9	4:02	3.1	9:50	0.2	10:33	0.4	5:21	8:12	
30	Sat	4:21	2.8	5:01	3.3	10:43	0.2	11:34	0.3	5:21	8:13	
31	Sun	5:20	2.7	5:54	3.4	11:34	0.2			5:20	8:14	