

Ponquoque Point, NY - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:41	2.4	7:07	3.4	1:08	0.4	12:47	0.4	5:21	8:25	
2	Thu	7:27	2.5	7:50	3.4	1:56	0.3	1:34	0.4	5:22	8:25	
3	Fri	8:10	2.5	8:31	3.4	2:38	0.3	2:18	0.4	5:22	8:25	
4	Sat	8:52	2.5	9:11	3.3	3:17	0.3	2:59	0.4	5:23	8:25	
5	Sun	9:34	2.6	9:52	3.3	3:54	0.3	3:39	0.4	5:24	8:24	
6	Mon	10:16	2.6	10:32	3.2	4:29	0.3	4:18	0.4	5:24	8:24	
7	Tue	10:59	2.7	11:13	3.1	5:04	0.3	4:58	0.5	5:25	8:24	
8	Wed	11:42	2.7	11:54	3.0	5:39	0.4	5:41	0.6	5:25	8:23	
9	Thu			12:25	2.8	6:15	0.4	6:28	0.7	5:26	8:23	
10	Fri	12:37	2.8	1:10	2.8	6:53	0.5	7:21	0.7	5:27	8:23	
11	Sat	1:22	2.7	1:58	2.9	7:35	0.5	8:19	0.8	5:28	8:22	
12	Sun	2:11	2.5	2:49	3.0	8:22	0.5	9:20	0.7	5:28	8:22	
13	Mon	3:05	2.4	3:45	3.1	9:13	0.5	10:21	0.7	5:29	8:21	
14	Tue	4:05	2.4	4:43	3.2	10:07	0.4	11:21	0.5	5:30	8:21	
15	Wed	5:06	2.4	5:41	3.4	11:04	0.3			5:31	8:20	
16	Thu	6:04	2.5	6:36	3.6	12:20	0.4	12:03	0.2	5:31	8:20	
17	Fri	7:00	2.7	7:29	3.8	1:17	0.2	1:02	0.1	5:32	8:19	
18	Sat	7:53	2.9	8:20	3.9	2:09	0.0	1:59	-0.1	5:33	8:18	
19	Sun	8:46	3.0	9:11	3.9	2:59	-0.1	2:54	-0.2	5:34	8:18	
20	Mon	9:39	3.2	10:02	3.8	3:46	-0.2	3:48	-0.2	5:35	8:17	
21	Tue	10:32	3.3	10:53	3.7	4:32	-0.3	4:42	-0.1	5:35	8:16	
22	Wed	11:25	3.4	11:44	3.4	5:19	-0.2	5:38	0.0	5:36	8:15	
23	Thu			12:18	3.4	6:07	-0.1	6:37	0.2	5:37	8:15	
24	Fri	12:36	3.2	1:11	3.4	6:57	0.0	7:41	0.3	5:38	8:14	
25	Sat	1:28	2.9	2:07	3.3	7:50	0.2	8:47	0.5	5:39	8:13	
26	Sun	2:24	2.6	3:05	3.2	8:46	0.3	9:53	0.6	5:40	8:12	
27	Mon	3:24	2.4	4:07	3.1	9:44	0.5	10:58	0.6	5:41	8:11	
28	Tue	4:28	2.3	5:08	3.1	10:41	0.5	11:58	0.6	5:42	8:10	
29	Wed	5:30	2.3	6:03	3.1	11:37	0.6			5:43	8:09	
30	Thu	6:24	2.4	6:50	3.2	12:51	0.6	12:30	0.5	5:44	8:08	
31	Fri	7:09	2.4	7:32	3.2	1:38	0.5	1:18	0.5	5:45	8:07	