

Ponquoque Point, NY - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:51	2.5	8:10	3.3	2:18	0.4	2:02	0.4	5:46	8:06	
2	Sun	8:30	2.7	8:48	3.3	2:53	0.4	2:42	0.4	5:47	8:05	
3	Mon	9:09	2.8	9:26	3.3	3:26	0.3	3:20	0.4	5:47	8:04	
4	Tue	9:48	2.8	10:03	3.2	3:57	0.3	3:57	0.4	5:48	8:03	
5	Wed	10:27	2.9	10:42	3.1	4:28	0.3	4:34	0.4	5:49	8:01	
6	Thu	11:07	3.0	11:21	3.0	4:58	0.3	5:12	0.5	5:50	8:00	
7	Fri	11:48	3.0			5:30	0.4	5:54	0.6	5:51	7:59	
8	Sat	12:02	2.8	12:31	3.1	6:04	0.4	6:41	0.6	5:52	7:58	
9	Sun	12:45	2.7	1:17	3.1	6:45	0.5	7:37	0.7	5:53	7:57	
10	Mon	1:33	2.5	2:10	3.1	7:33	0.5	8:41	0.8	5:54	7:55	
11	Tue	2:29	2.4	3:09	3.2	8:31	0.6	9:49	0.7	5:55	7:54	
12	Wed	3:32	2.4	4:14	3.3	9:36	0.5	10:55	0.6	5:56	7:53	
13	Thu	4:39	2.5	5:17	3.4	10:42	0.4	11:58	0.4	5:57	7:51	
14	Fri	5:44	2.6	6:17	3.6	11:47	0.2			5:58	7:50	
15	Sat	6:42	2.9	7:11	3.8	12:55	0.2	12:49	0.1	5:59	7:49	
16	Sun	7:36	3.1	8:03	3.9	1:47	0.0	1:48	-0.1	6:00	7:47	
17	Mon	8:28	3.4	8:53	3.9	2:35	-0.2	2:43	-0.2	6:01	7:46	
18	Tue	9:19	3.6	9:42	3.8	3:21	-0.3	3:36	-0.3	6:02	7:44	
19	Wed	10:09	3.7	10:31	3.6	4:05	-0.3	4:28	-0.2	6:03	7:43	
20	Thu	10:59	3.7	11:20	3.3	4:49	-0.2	5:20	-0.1	6:04	7:41	
21	Fri	11:50	3.6			5:34	-0.1	6:15	0.2	6:05	7:40	
22	Sat	12:10	3.1	12:41	3.5	6:22	0.1	7:15	0.4	6:06	7:39	
23	Sun	1:01	2.8	1:35	3.3	7:15	0.4	8:20	0.6	6:07	7:37	
24	Mon	1:55	2.5	2:32	3.1	8:13	0.6	9:28	0.7	6:08	7:36	
25	Tue	2:55	2.4	3:36	3.0	9:17	0.7	10:35	0.8	6:09	7:34	
26	Wed	4:02	2.3	4:42	3.0	10:20	0.7	11:35	0.8	6:10	7:32	
27	Thu	5:09	2.3	5:41	3.0	11:20	0.7			6:11	7:31	
28	Fri	6:05	2.4	6:29	3.1	12:27	0.7	12:14	0.7	6:12	7:29	
29	Sat	6:49	2.6	7:09	3.2	1:11	0.6	1:01	0.6	6:13	7:28	
30	Sun	7:28	2.7	7:46	3.2	1:48	0.5	1:44	0.5	6:14	7:26	
31	Mon	8:04	2.9	8:22	3.2	2:21	0.4	2:22	0.4	6:15	7:25	