

Ponquoque Point, NY - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:07	3.1	11:36	3.4	5:09	-0.5	5:21	-0.5	7:24	6:40	
2	Sun	11:57	2.8			6:02	-0.3	6:10	-0.3	7:22	6:41	
3	Mon	12:27	3.2	12:48	2.5	6:59	-0.1	7:04	-0.1	7:21	6:42	
4	Tue	1:20	3.0	1:42	2.3	8:01	0.2	8:03	0.2	7:19	6:43	
5	Wed	2:17	2.8	2:41	2.1	9:08	0.3	9:08	0.3	7:18	6:44	
6	Thu	3:19	2.6	3:46	2.1	10:14	0.4	10:13	0.4	7:16	6:46	
7	Fri	4:24	2.6	4:53	2.1	11:14	0.4	11:13	0.4	7:15	6:47	
8	Sat	5:24	2.6	5:50	2.2			12:06	0.3	7:13	6:48	
9	Sun	6:14	2.6	6:35	2.4	12:07	0.3	12:50	0.3	7:11	6:49	
10	Mon	6:55	2.7	7:15	2.5	12:55	0.2	1:29	0.2	7:10	6:50	
11	Tue	7:33	2.8	7:52	2.7	1:37	0.1	2:04	0.1	7:08	6:51	
12	Wed	8:10	2.9	8:29	2.9	2:16	0.0	2:36	0.0	7:07	6:52	
13	Thu	8:46	2.9	9:05	3.0	2:53	0.0	3:07	0.0	7:05	6:53	
14	Fri	9:24	2.9	9:43	3.0	3:28	-0.1	3:38	-0.1	7:03	6:54	
15	Sat	10:02	2.8	10:22	3.1	4:03	-0.1	4:09	0.0	7:02	6:55	
16	Sun	10:41	2.7	11:03	3.1	4:39	0.0	4:41	0.0	7:00	6:57	
17	Mon	11:23	2.6	11:47	3.1	5:18	0.1	5:18	0.1	6:58	6:58	
18	Tue			12:08	2.5	6:02	0.2	6:00	0.1	6:57	6:59	
19	Wed	12:35	3.0	12:57	2.4	6:54	0.3	6:53	0.2	6:55	7:00	
20	Thu	1:28	3.0	1:54	2.4	7:56	0.3	7:57	0.3	6:53	7:01	
21	Fri	2:28	3.0	2:58	2.4	9:04	0.3	9:09	0.2	6:52	7:02	
22	Sat	3:33	3.0	4:06	2.5	10:10	0.2	10:20	0.1	6:50	7:03	
23	Sun	4:39	3.1	5:11	2.8	11:11	0.0	11:27	0.0	6:48	7:04	
24	Mon	5:41	3.2	6:10	3.1			12:08	-0.1	6:47	7:05	
25	Tue	6:37	3.3	7:04	3.4	12:30	-0.2	1:01	-0.3	6:45	7:06	
26	Wed	7:29	3.4	7:55	3.6	1:28	-0.4	1:51	-0.5	6:43	7:07	
27	Thu	8:19	3.4	8:44	3.7	2:22	-0.5	2:38	-0.5	6:42	7:08	
28	Fri	9:08	3.3	9:32	3.8	3:13	-0.6	3:24	-0.5	6:40	7:09	
29	Sat	9:56	3.2	10:20	3.7	4:01	-0.5	4:09	-0.4	6:38	7:10	
30	Sun	10:44	3.0	11:09	3.5	4:50	-0.4	4:54	-0.3	6:37	7:11	
31	Mon	11:33	2.8	11:58	3.3	5:39	-0.2	5:41	0.0	6:35	7:13	