

Ponquoque Point, NY - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:45	2.8	10:03	3.4	3:53	0.1	3:45	0.2	5:47	7:46	
2	Sun	10:26	2.7	10:45	3.3	4:30	0.2	4:21	0.3	5:46	7:47	
3	Mon	11:10	2.7	11:29	3.3	5:09	0.2	5:01	0.3	5:45	7:48	
4	Tue	11:57	2.7			5:52	0.3	5:47	0.4	5:43	7:49	
5	Wed	12:17	3.2	12:48	2.7	6:41	0.3	6:42	0.5	5:42	7:50	
6	Thu	1:08	3.1	1:43	2.7	7:36	0.3	7:47	0.5	5:41	7:51	
7	Fri	2:05	3.1	2:42	2.8	8:35	0.3	8:57	0.4	5:40	7:52	
8	Sat	3:05	3.0	3:44	3.0	9:34	0.2	10:05	0.3	5:39	7:53	
9	Sun	4:08	3.0	4:45	3.3	10:31	0.1	11:10	0.2	5:38	7:54	
10	Mon	5:10	3.1	5:43	3.5	11:26	0.0			5:37	7:55	
11	Tue	6:07	3.1	6:37	3.8	12:11	0.0	12:21	-0.2	5:35	7:56	
12	Wed	7:02	3.2	7:29	3.9	1:09	-0.2	1:14	-0.3	5:34	7:57	
13	Thu	7:54	3.2	8:19	4.0	2:04	-0.3	2:06	-0.3	5:33	7:58	
14	Fri	8:45	3.2	9:10	4.0	2:56	-0.4	2:56	-0.3	5:32	7:59	
15	Sat	9:36	3.1	10:00	3.9	3:47	-0.4	3:46	-0.2	5:31	8:00	
16	Sun	10:28	3.1	10:51	3.7	4:36	-0.3	4:36	-0.1	5:31	8:01	
17	Mon	11:20	2.9	11:41	3.5	5:26	-0.1	5:27	0.1	5:30	8:02	
18	Tue			12:13	2.8	6:18	0.1	6:23	0.3	5:29	8:03	
19	Wed	12:32	3.2	1:06	2.7	7:12	0.2	7:23	0.5	5:28	8:04	
20	Thu	1:23	3.0	2:00	2.7	8:07	0.4	8:27	0.6	5:27	8:05	
21	Fri	2:17	2.8	2:57	2.7	9:02	0.4	9:30	0.7	5:26	8:06	
22	Sat	3:12	2.6	3:53	2.7	9:53	0.5	10:28	0.7	5:26	8:07	
23	Sun	4:08	2.5	4:47	2.8	10:40	0.5	11:22	0.6	5:25	8:08	
24	Mon	5:02	2.5	5:34	2.9	11:24	0.5			5:24	8:08	
25	Tue	5:51	2.5	6:18	3.1	12:10	0.5	12:06	0.4	5:24	8:09	
26	Wed	6:35	2.6	6:58	3.2	12:56	0.4	12:47	0.4	5:23	8:10	
27	Thu	7:17	2.6	7:38	3.3	1:38	0.4	1:27	0.3	5:22	8:11	
28	Fri	7:57	2.7	8:17	3.4	2:17	0.3	2:05	0.3	5:22	8:12	
29	Sat	8:38	2.7	8:58	3.5	2:56	0.2	2:43	0.2	5:21	8:13	
30	Sun	9:21	2.7	9:39	3.5	3:33	0.1	3:22	0.2	5:21	8:13	
31	Mon	10:04	2.8	10:23	3.5	4:11	0.1	4:01	0.2	5:20	8:14	