

Ponquoque Point, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:19	3.1	11:37	3.4	5:12	0.0	5:21	0.2	5:22	8:25	
2	Fri			12:10	3.2	5:57	0.0	6:15	0.2	5:22	8:25	
3	Sat	12:27	3.3	1:03	3.2	6:46	0.0	7:17	0.3	5:23	8:25	
4	Sun	1:20	3.1	1:58	3.3	7:41	0.1	8:24	0.4	5:23	8:24	
5	Mon	2:17	2.9	2:58	3.3	8:39	0.1	9:32	0.4	5:24	8:24	
6	Tue	3:18	2.8	4:00	3.4	9:39	0.1	10:38	0.3	5:25	8:24	
7	Wed	4:23	2.7	5:02	3.5	10:38	0.1	11:41	0.2	5:25	8:24	
8	Thu	5:26	2.8	6:01	3.6	11:38	0.1			5:26	8:23	
9	Fri	6:25	2.8	6:55	3.7	12:41	0.1	12:36	0.0	5:27	8:23	
10	Sat	7:18	2.9	7:45	3.7	1:36	0.0	1:31	0.0	5:27	8:23	
11	Sun	8:09	3.0	8:32	3.7	2:26	-0.1	2:23	0.0	5:28	8:22	
12	Mon	8:57	3.0	9:18	3.6	3:12	-0.1	3:11	0.0	5:29	8:22	
13	Tue	9:43	3.0	10:02	3.5	3:54	-0.1	3:56	0.1	5:29	8:21	
14	Wed	10:29	3.0	10:45	3.3	4:35	0.0	4:40	0.2	5:30	8:21	
15	Thu	11:14	3.0	11:28	3.2	5:14	0.1	5:25	0.3	5:31	8:20	
16	Fri	11:58	3.0			5:54	0.2	6:12	0.5	5:32	8:19	
17	Sat	12:12	3.0	12:43	2.9	6:35	0.3	7:02	0.6	5:33	8:19	
18	Sun	12:56	2.8	1:30	2.9	7:19	0.5	7:57	0.7	5:33	8:18	
19	Mon	1:43	2.6	2:20	2.9	8:07	0.5	8:56	0.8	5:34	8:17	
20	Tue	2:34	2.5	3:13	2.9	8:57	0.6	9:54	0.8	5:35	8:17	
21	Wed	3:29	2.4	4:09	2.9	9:49	0.6	10:50	0.8	5:36	8:16	
22	Thu	4:27	2.4	5:03	3.0	10:40	0.6	11:44	0.7	5:37	8:15	
23	Fri	5:23	2.4	5:54	3.2	11:31	0.5			5:38	8:14	
24	Sat	6:14	2.6	6:42	3.3	12:33	0.5	12:21	0.4	5:39	8:13	
25	Sun	7:02	2.7	7:27	3.5	1:20	0.4	1:10	0.3	5:40	8:12	
26	Mon	7:49	2.9	8:11	3.6	2:03	0.2	1:58	0.1	5:40	8:11	
27	Tue	8:34	3.1	8:56	3.7	2:44	0.0	2:44	0.0	5:41	8:11	
28	Wed	9:21	3.2	9:42	3.7	3:25	-0.1	3:31	0.0	5:42	8:10	
29	Thu	10:08	3.3	10:29	3.6	4:06	-0.2	4:18	-0.1	5:43	8:09	
30	Fri	10:58	3.4	11:17	3.5	4:48	-0.2	5:08	0.0	5:44	8:08	
31	Sat	11:49	3.5			5:33	-0.1	6:02	0.1	5:45	8:06	