

## Ponquoque Point, NY - Aug 1976

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 12:08 | 3.3 | 12:41 | 3.5 | 6:22  | 0.0  | 7:02  | 0.2  | 5:46                                                                                | 8:05 |    |
| 2    | Mon | 1:01  | 3.1 | 1:37  | 3.4 | 7:17  | 0.1  | 8:08  | 0.4  | 5:47                                                                                | 8:04 |    |
| 3    | Tue | 1:58  | 2.9 | 2:37  | 3.4 | 8:17  | 0.2  | 9:17  | 0.4  | 5:48                                                                                | 8:03 |    |
| 4    | Wed | 2:59  | 2.7 | 3:41  | 3.4 | 9:21  | 0.2  | 10:25 | 0.4  | 5:49                                                                                | 8:02 |    |
| 5    | Thu | 4:06  | 2.7 | 4:46  | 3.4 | 10:25 | 0.3  | 11:29 | 0.4  | 5:50                                                                                | 8:01 |    |
| 6    | Fri | 5:12  | 2.7 | 5:47  | 3.4 | 11:27 | 0.3  |       |      | 5:51                                                                                | 8:00 |    |
| 7    | Sat | 6:12  | 2.8 | 6:41  | 3.5 | 12:28 | 0.3  | 12:26 | 0.2  | 5:52                                                                                | 7:58 |    |
| 8    | Sun | 7:04  | 2.9 | 7:29  | 3.5 | 1:20  | 0.2  | 1:20  | 0.2  | 5:53                                                                                | 7:57 |    |
| 9    | Mon | 7:51  | 3.0 | 8:12  | 3.5 | 2:07  | 0.1  | 2:09  | 0.1  | 5:54                                                                                | 7:56 |    |
| 10   | Tue | 8:35  | 3.1 | 8:54  | 3.5 | 2:48  | 0.1  | 2:54  | 0.1  | 5:55                                                                                | 7:55 |    |
| 11   | Wed | 9:16  | 3.1 | 9:34  | 3.4 | 3:26  | 0.1  | 3:35  | 0.2  | 5:56                                                                                | 7:53 |    |
| 12   | Thu | 9:57  | 3.2 | 10:14 | 3.3 | 4:02  | 0.1  | 4:15  | 0.2  | 5:57                                                                                | 7:52 |   |
| 13   | Fri | 10:39 | 3.2 | 10:55 | 3.1 | 4:37  | 0.2  | 4:54  | 0.3  | 5:58                                                                                | 7:51 |  |
| 14   | Sat | 11:20 | 3.1 | 11:36 | 3.0 | 5:12  | 0.3  | 5:35  | 0.5  | 5:59                                                                                | 7:49 |  |
| 15   | Sun |       |     | 12:03 | 3.1 | 5:49  | 0.4  | 6:20  | 0.6  | 6:00                                                                                | 7:48 |  |
| 16   | Mon | 12:19 | 2.8 | 12:48 | 3.0 | 6:29  | 0.5  | 7:10  | 0.7  | 6:01                                                                                | 7:46 |  |
| 17   | Tue | 1:04  | 2.6 | 1:36  | 3.0 | 7:14  | 0.6  | 8:07  | 0.8  | 6:02                                                                                | 7:45 |  |
| 18   | Wed | 1:54  | 2.5 | 2:29  | 2.9 | 8:06  | 0.7  | 9:08  | 0.9  | 6:03                                                                                | 7:44 |  |
| 19   | Thu | 2:48  | 2.4 | 3:26  | 2.9 | 9:03  | 0.7  | 10:08 | 0.8  | 6:04                                                                                | 7:42 |  |
| 20   | Fri | 3:48  | 2.4 | 4:25  | 3.0 | 10:02 | 0.7  | 11:04 | 0.7  | 6:05                                                                                | 7:41 |  |
| 21   | Sat | 4:49  | 2.5 | 5:21  | 3.2 | 10:59 | 0.6  | 11:56 | 0.6  | 6:06                                                                                | 7:39 |  |
| 22   | Sun | 5:44  | 2.7 | 6:13  | 3.4 | 11:54 | 0.4  |       |      | 6:07                                                                                | 7:38 |  |
| 23   | Mon | 6:35  | 2.9 | 7:01  | 3.5 | 12:45 | 0.4  | 12:47 | 0.2  | 6:08                                                                                | 7:36 |  |
| 24   | Tue | 7:23  | 3.2 | 7:47  | 3.7 | 1:30  | 0.2  | 1:38  | 0.1  | 6:09                                                                                | 7:35 |  |
| 25   | Wed | 8:10  | 3.4 | 8:33  | 3.7 | 2:14  | 0.0  | 2:27  | -0.1 | 6:10                                                                                | 7:33 |  |
| 26   | Thu | 8:57  | 3.6 | 9:20  | 3.7 | 2:56  | -0.2 | 3:15  | -0.2 | 6:11                                                                                | 7:32 |  |
| 27   | Fri | 9:46  | 3.7 | 10:08 | 3.6 | 3:39  | -0.2 | 4:04  | -0.2 | 6:12                                                                                | 7:30 |  |
| 28   | Sat | 10:35 | 3.8 | 10:58 | 3.5 | 4:23  | -0.2 | 4:54  | -0.1 | 6:13                                                                                | 7:28 |  |
| 29   | Sun | 11:27 | 3.8 | 11:49 | 3.3 | 5:09  | -0.2 | 5:48  | 0.0  | 6:14                                                                                | 7:27 |  |
| 30   | Mon |       |     | 12:20 | 3.7 | 5:59  | 0.0  | 6:47  | 0.2  | 6:15                                                                                | 7:25 |  |
| 31   | Tue | 12:43 | 3.1 | 1:17  | 3.5 | 6:56  | 0.2  | 7:53  | 0.4  | 6:16                                                                                | 7:24 |  |