

Ponquoque Point, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:17	2.7	3:36	2.7	9:46	0.5	10:08	0.4	6:21	4:46	
2	Tue	4:13	2.8	4:29	2.6	10:40	0.5	10:52	0.3	6:22	4:45	
3	Wed	4:58	2.9	5:14	2.7	11:28	0.4	11:33	0.3	6:23	4:43	
4	Thu	5:38	3.1	5:54	2.7			12:12	0.3	6:24	4:42	
5	Fri	6:14	3.2	6:32	2.7	12:10	0.2	12:51	0.2	6:25	4:41	
6	Sat	6:51	3.3	7:09	2.7	12:46	0.2	1:28	0.1	6:26	4:40	
7	Sun	7:27	3.3	7:47	2.7	1:21	0.2	2:04	0.1	6:28	4:39	
8	Mon	8:05	3.3	8:27	2.7	1:55	0.2	2:39	0.1	6:29	4:38	
9	Tue	8:45	3.3	9:08	2.6	2:30	0.2	3:15	0.1	6:30	4:37	
10	Wed	9:26	3.2	9:51	2.6	3:05	0.2	3:52	0.2	6:31	4:36	
11	Thu	10:09	3.1	10:37	2.5	3:43	0.3	4:33	0.2	6:32	4:35	
12	Fri	10:55	3.1	11:26	2.5	4:26	0.4	5:18	0.3	6:34	4:34	
13	Sat	11:44	3.0			5:17	0.4	6:10	0.3	6:35	4:33	
14	Sun	12:18	2.6	12:38	2.9	6:19	0.5	7:06	0.3	6:36	4:32	
15	Mon	1:15	2.6	1:36	2.8	7:28	0.4	8:04	0.2	6:37	4:31	
16	Tue	2:15	2.8	2:37	2.8	8:36	0.3	9:01	0.0	6:38	4:31	
17	Wed	3:16	3.0	3:39	2.8	9:41	0.1	9:56	-0.1	6:39	4:30	
18	Thu	4:14	3.3	4:38	2.9	10:42	-0.1	10:50	-0.3	6:41	4:29	
19	Fri	5:09	3.6	5:33	3.0	11:40	-0.3	11:43	-0.4	6:42	4:28	
20	Sat	6:02	3.8	6:26	3.1			12:36	-0.4	6:43	4:28	
21	Sun	6:52	3.9	7:17	3.1	12:36	-0.5	1:29	-0.6	6:44	4:27	
22	Mon	7:43	3.9	8:09	3.0	1:28	-0.5	2:20	-0.6	6:45	4:26	
23	Tue	8:34	3.9	9:01	3.0	2:19	-0.5	3:10	-0.5	6:46	4:26	
24	Wed	9:25	3.7	9:55	2.9	3:10	-0.4	4:00	-0.4	6:47	4:25	
25	Thu	10:17	3.4	10:49	2.8	4:02	-0.2	4:52	-0.3	6:49	4:25	
26	Fri	11:09	3.2	11:43	2.6	4:58	0.0	5:46	-0.1	6:50	4:24	
27	Sat			12:01	2.9	5:58	0.2	6:43	0.1	6:51	4:24	
28	Sun	12:39	2.6	12:55	2.7	7:04	0.4	7:40	0.2	6:52	4:23	
29	Mon	1:37	2.5	1:51	2.5	8:10	0.4	8:33	0.2	6:53	4:23	
30	Tue	2:35	2.5	2:49	2.3	9:12	0.4	9:23	0.2	6:54	4:23	