

Ponquoque Point, NY - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:21	2.6	6:20	0.0	6:28	-0.1	6:24	5:40	
2	Thu	12:55	3.0	1:20	2.4	7:27	0.1	7:34	0.0	6:22	5:41	
3	Fri	1:58	3.0	2:26	2.4	8:37	0.1	8:44	0.0	6:21	5:42	
4	Sat	3:05	3.0	3:35	2.5	9:45	0.0	9:52	-0.1	6:19	5:44	
5	Sun	4:11	3.1	4:41	2.6	10:48	-0.1	10:57	-0.2	6:17	5:45	
6	Mon	5:11	3.2	5:39	2.8	11:46	-0.2	11:58	-0.3	6:16	5:46	
7	Tue	6:06	3.3	6:31	3.0			12:38	-0.4	6:14	5:47	
8	Wed	6:55	3.3	7:19	3.2	12:53	-0.4	1:25	-0.5	6:13	5:48	
9	Thu	7:41	3.3	8:05	3.2	1:42	-0.5	2:08	-0.5	6:11	5:49	
10	Fri	8:26	3.2	8:49	3.3	2:29	-0.5	2:49	-0.4	6:09	5:50	
11	Sat	9:09	3.1	9:33	3.2	3:13	-0.4	3:28	-0.3	6:08	5:51	
12	Sun	9:52	2.9	10:16	3.1	3:56	-0.2	4:07	-0.2	6:06	5:53	
13	Mon	10:36	2.7	11:00	3.0	4:40	0.0	4:47	0.0	6:04	5:54	
14	Tue	11:20	2.5	11:46	2.8	5:26	0.2	5:30	0.2	6:03	5:55	
15	Wed			12:06	2.4	6:17	0.3	6:19	0.4	6:01	5:56	
16	Thu	12:34	2.7	12:57	2.2	7:15	0.5	7:15	0.5	6:00	5:57	
17	Fri	1:28	2.6	1:53	2.1	8:16	0.6	8:16	0.5	5:58	5:58	
18	Sat	2:26	2.5	2:54	2.1	9:15	0.6	9:17	0.5	5:56	5:59	
19	Sun	3:26	2.6	3:54	2.2	10:10	0.5	10:14	0.4	5:55	6:00	
20	Mon	4:22	2.7	4:48	2.4	10:59	0.4	11:06	0.3	5:53	6:01	
21	Tue	5:12	2.8	5:35	2.6	11:43	0.2	11:54	0.2	5:51	6:02	
22	Wed	5:56	2.9	6:18	2.9			12:23	0.1	5:50	6:03	
23	Thu	6:38	3.0	6:59	3.1	12:38	0.0	1:02	-0.1	5:48	6:04	
24	Fri	7:20	3.1	7:41	3.3	1:21	-0.1	1:39	-0.2	5:46	6:05	
25	Sat	8:02	3.2	8:24	3.4	2:03	-0.2	2:17	-0.3	5:45	6:06	
26	Sun	8:46	3.1	9:09	3.5	2:45	-0.3	2:55	-0.3	5:43	6:08	
27	Mon	9:32	3.1	9:56	3.5	3:29	-0.3	3:37	-0.3	5:41	6:09	
28	Tue	10:20	3.0	10:46	3.5	4:16	-0.2	4:22	-0.2	5:40	6:10	
29	Wed	11:11	2.8	11:39	3.4	5:08	-0.1	5:13	0.0	5:38	6:11	
30	Thu			12:07	2.7	6:08	0.0	6:14	0.1	5:36	6:12	
31	Fri	12:37	3.2	1:07	2.6	7:14	0.1	7:23	0.2	5:35	6:13	