

Ponquoque Point, NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:28	2.5	6:00	3.1	11:44	0.4			5:21	8:25	
2	Sun	6:17	2.5	6:43	3.2	12:41	0.4	12:30	0.4	5:22	8:25	
3	Mon	7:01	2.6	7:23	3.3	1:26	0.4	1:13	0.4	5:22	8:25	
4	Tue	7:42	2.6	8:02	3.3	2:07	0.3	1:55	0.3	5:23	8:25	
5	Wed	8:22	2.7	8:41	3.4	2:45	0.3	2:34	0.3	5:24	8:24	
6	Thu	9:03	2.7	9:21	3.4	3:21	0.2	3:12	0.3	5:24	8:24	
7	Fri	9:44	2.8	10:01	3.3	3:56	0.2	3:49	0.3	5:25	8:24	
8	Sat	10:26	2.8	10:41	3.3	4:31	0.2	4:27	0.4	5:26	8:23	
9	Sun	11:09	2.8	11:23	3.2	5:06	0.2	5:07	0.4	5:26	8:23	
10	Mon	11:53	2.9			5:42	0.3	5:50	0.5	5:27	8:23	
11	Tue	12:07	3.1	12:38	2.9	6:22	0.3	6:40	0.6	5:28	8:22	
12	Wed	12:52	3.0	1:27	3.0	7:07	0.3	7:37	0.6	5:28	8:22	
13	Thu	1:42	2.8	2:20	3.1	7:57	0.3	8:40	0.6	5:29	8:21	
14	Fri	2:37	2.8	3:17	3.2	8:52	0.3	9:45	0.5	5:30	8:21	
15	Sat	3:37	2.7	4:17	3.3	9:50	0.2	10:48	0.4	5:31	8:20	
16	Sun	4:40	2.8	5:17	3.5	10:49	0.1	11:50	0.2	5:31	8:20	
17	Mon	5:41	2.9	6:14	3.8	11:48	0.0			5:32	8:19	
18	Tue	6:39	3.0	7:09	3.9	12:49	0.0	12:48	-0.1	5:33	8:18	
19	Wed	7:34	3.2	8:01	4.0	1:45	-0.2	1:45	-0.3	5:34	8:18	
20	Thu	8:28	3.3	8:53	4.0	2:37	-0.3	2:41	-0.3	5:35	8:17	
21	Fri	9:21	3.4	9:45	3.9	3:28	-0.4	3:35	-0.3	5:36	8:16	
22	Sat	10:14	3.4	10:36	3.8	4:16	-0.4	4:28	-0.2	5:36	8:15	
23	Sun	11:07	3.4	11:27	3.6	5:04	-0.3	5:21	-0.1	5:37	8:15	
24	Mon	11:59	3.3			5:53	-0.2	6:17	0.1	5:38	8:14	
25	Tue	12:18	3.3	12:52	3.3	6:44	0.0	7:17	0.3	5:39	8:13	
26	Wed	1:09	3.0	1:45	3.1	7:38	0.2	8:20	0.5	5:40	8:12	
27	Thu	2:01	2.8	2:40	3.1	8:33	0.3	9:23	0.6	5:41	8:11	
28	Fri	2:57	2.6	3:38	3.0	9:28	0.5	10:24	0.7	5:42	8:10	
29	Sat	3:56	2.5	4:36	3.0	10:22	0.5	11:21	0.7	5:43	8:09	
30	Sun	4:55	2.4	5:29	3.0	11:13	0.5			5:44	8:08	
31	Mon	5:48	2.5	6:16	3.1	12:13	0.6	12:03	0.5	5:45	8:07	