

Ponquoque Point, NY - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:35	2.5	6:58	3.2	12:59	0.5	12:49	0.5	5:46	8:06	
2	Wed	7:17	2.6	7:38	3.3	1:41	0.4	1:32	0.4	5:47	8:05	
3	Thu	7:57	2.8	8:17	3.3	2:19	0.4	2:12	0.3	5:48	8:04	
4	Fri	8:37	2.9	8:56	3.4	2:54	0.3	2:51	0.3	5:49	8:03	
5	Sat	9:17	2.9	9:35	3.4	3:28	0.2	3:28	0.3	5:50	8:01	
6	Sun	9:58	3.0	10:15	3.3	4:01	0.2	4:05	0.3	5:50	8:00	
7	Mon	10:39	3.1	10:56	3.2	4:34	0.2	4:44	0.3	5:51	7:59	
8	Tue	11:22	3.1	11:39	3.1	5:09	0.2	5:26	0.4	5:52	7:58	
9	Wed			12:08	3.2	5:47	0.2	6:14	0.4	5:53	7:57	
10	Thu	12:24	3.0	12:56	3.2	6:30	0.3	7:09	0.5	5:54	7:55	
11	Fri	1:14	2.9	1:49	3.2	7:22	0.3	8:13	0.5	5:55	7:54	
12	Sat	2:10	2.8	2:48	3.3	8:21	0.3	9:20	0.5	5:56	7:53	
13	Sun	3:12	2.7	3:51	3.4	9:24	0.3	10:27	0.4	5:57	7:51	
14	Mon	4:17	2.8	4:55	3.5	10:29	0.2	11:30	0.3	5:58	7:50	
15	Tue	5:22	2.9	5:56	3.7	11:33	0.1			5:59	7:49	
16	Wed	6:22	3.1	6:52	3.8	12:30	0.1	12:35	-0.1	6:00	7:47	
17	Thu	7:18	3.3	7:45	3.9	1:26	-0.1	1:34	-0.2	6:01	7:46	
18	Fri	8:10	3.5	8:35	3.9	2:17	-0.2	2:29	-0.3	6:02	7:44	
19	Sat	9:01	3.6	9:24	3.8	3:05	-0.3	3:20	-0.3	6:03	7:43	
20	Sun	9:51	3.6	10:13	3.7	3:51	-0.3	4:11	-0.2	6:04	7:41	
21	Mon	10:40	3.6	11:01	3.5	4:36	-0.2	5:00	-0.1	6:05	7:40	
22	Tue	11:29	3.5	11:49	3.2	5:21	-0.1	5:51	0.1	6:06	7:38	
23	Wed			12:18	3.4	6:08	0.1	6:45	0.4	6:07	7:37	
24	Thu	12:37	3.0	1:08	3.2	6:57	0.3	7:44	0.6	6:08	7:35	
25	Fri	1:27	2.7	2:00	3.1	7:51	0.5	8:46	0.7	6:09	7:34	
26	Sat	2:20	2.6	2:56	3.0	8:48	0.7	9:48	0.8	6:10	7:32	
27	Sun	3:18	2.4	3:55	2.9	9:47	0.7	10:46	0.8	6:11	7:31	
28	Mon	4:19	2.4	4:53	2.9	10:43	0.7	11:39	0.7	6:12	7:29	
29	Tue	5:17	2.5	5:45	3.0	11:35	0.7			6:13	7:28	
30	Wed	6:07	2.6	6:30	3.1	12:26	0.6	12:23	0.6	6:14	7:26	
31	Thu	6:50	2.8	7:11	3.2	1:08	0.5	1:08	0.5	6:15	7:24	