

Ponquoque Point, NY - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:29	3.5	10:00	2.9	3:14	-0.7	4:00	-0.7	7:14	4:32	
2	Tue	10:21	3.4	10:55	2.9	4:08	-0.5	4:51	-0.7	7:14	4:33	
3	Wed	11:15	3.1	11:50	2.8	5:06	-0.4	5:45	-0.5	7:14	4:34	
4	Thu			12:09	2.8	6:09	-0.2	6:41	-0.4	7:14	4:35	
5	Fri	12:48	2.8	1:05	2.6	7:16	0.0	7:40	-0.2	7:14	4:36	
6	Sat	1:47	2.7	2:04	2.3	8:24	0.1	8:37	-0.2	7:14	4:37	
7	Sun	2:49	2.7	3:06	2.2	9:29	0.1	9:33	-0.1	7:14	4:37	
8	Mon	3:49	2.7	4:07	2.1	10:29	0.1	10:25	-0.1	7:14	4:38	
9	Tue	4:43	2.8	5:01	2.1	11:24	0.0	11:15	-0.1	7:14	4:39	
10	Wed	5:30	2.8	5:48	2.2			12:13	0.0	7:13	4:40	
11	Thu	6:12	2.9	6:30	2.2	12:01	-0.1	12:56	-0.1	7:13	4:42	
12	Fri	6:51	2.9	7:10	2.3	12:44	-0.1	1:34	-0.2	7:13	4:43	
13	Sat	7:29	3.0	7:50	2.3	1:24	-0.1	2:10	-0.2	7:13	4:44	
14	Sun	8:08	3.0	8:30	2.4	2:01	-0.1	2:45	-0.2	7:12	4:45	
15	Mon	8:47	2.9	9:11	2.4	2:38	-0.1	3:19	-0.2	7:12	4:46	
16	Tue	9:27	2.9	9:52	2.4	3:15	-0.1	3:53	-0.2	7:11	4:47	
17	Wed	10:07	2.8	10:35	2.4	3:53	0.0	4:27	-0.2	7:11	4:48	
18	Thu	10:49	2.6	11:19	2.5	4:34	0.0	5:04	-0.1	7:11	4:49	
19	Fri	11:33	2.5			5:19	0.1	5:45	-0.1	7:10	4:50	
20	Sat	12:05	2.5	12:20	2.4	6:12	0.2	6:32	0.0	7:09	4:52	
21	Sun	12:55	2.5	1:12	2.3	7:12	0.2	7:25	0.0	7:09	4:53	
22	Mon	1:51	2.6	2:10	2.2	8:17	0.2	8:23	-0.1	7:08	4:54	
23	Tue	2:50	2.8	3:13	2.2	9:21	0.1	9:22	-0.2	7:08	4:55	
24	Wed	3:51	2.9	4:15	2.3	10:24	-0.1	10:22	-0.3	7:07	4:56	
25	Thu	4:50	3.2	5:15	2.5	11:24	-0.3	11:22	-0.4	7:06	4:58	
26	Fri	5:45	3.4	6:10	2.7			12:20	-0.5	7:05	4:59	
27	Sat	6:38	3.5	7:03	2.8	12:20	-0.6	1:13	-0.7	7:04	5:00	
28	Sun	7:29	3.6	7:56	3.0	1:16	-0.7	2:03	-0.8	7:04	5:01	
29	Mon	8:20	3.6	8:48	3.1	2:10	-0.8	2:51	-0.9	7:03	5:02	
30	Tue	9:11	3.5	9:40	3.1	3:02	-0.8	3:39	-0.8	7:02	5:04	
31	Wed	10:02	3.3	10:33	3.1	3:55	-0.7	4:27	-0.7	7:01	5:05	