

Ponquoque Point, NY - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:40	3.3	10:07	3.3	3:38	-0.6	3:59	-0.6	6:24	5:40	
2	Fri	10:28	3.0	10:56	3.2	4:28	-0.4	4:45	-0.4	6:22	5:41	
3	Sat	11:16	2.8	11:46	3.0	5:21	-0.2	5:33	-0.2	6:21	5:42	
4	Sun			12:06	2.5	6:18	0.1	6:26	0.1	6:19	5:43	
5	Mon	12:37	2.8	12:59	2.3	7:19	0.3	7:24	0.2	6:18	5:44	
6	Tue	1:32	2.7	1:56	2.1	8:23	0.4	8:25	0.4	6:16	5:46	
7	Wed	2:32	2.6	2:59	2.1	9:26	0.4	9:25	0.4	6:15	5:47	
8	Thu	3:34	2.5	4:01	2.1	10:23	0.4	10:22	0.4	6:13	5:48	
9	Fri	4:31	2.6	4:55	2.2	11:14	0.3	11:13	0.3	6:11	5:49	
10	Sat	5:19	2.7	5:41	2.4	11:58	0.2			6:10	5:50	
11	Sun	6:01	2.8	6:21	2.6	12:00	0.2	12:37	0.1	6:08	5:51	
12	Mon	6:40	2.9	7:00	2.7	12:42	0.1	1:12	0.0	6:07	5:52	
13	Tue	7:18	3.0	7:38	2.9	1:21	0.0	1:45	0.0	6:05	5:53	
14	Wed	7:56	3.0	8:16	3.0	1:58	-0.1	2:17	-0.1	6:03	5:54	
15	Thu	8:35	3.0	8:55	3.1	2:34	-0.1	2:49	-0.1	6:02	5:56	
16	Fri	9:14	2.9	9:36	3.1	3:11	-0.1	3:22	-0.1	6:00	5:57	
17	Sat	9:56	2.8	10:19	3.1	3:49	-0.1	3:57	-0.1	5:58	5:58	
18	Sun	10:40	2.7	11:05	3.1	4:31	0.0	4:37	0.0	5:57	5:59	
19	Mon	11:27	2.6	11:55	3.1	5:20	0.1	5:24	0.1	5:55	6:00	
20	Tue			12:20	2.5	6:17	0.2	6:22	0.2	5:53	6:01	
21	Wed	12:51	3.1	1:20	2.5	7:23	0.2	7:29	0.2	5:52	6:02	
22	Thu	1:54	3.0	2:26	2.5	8:32	0.2	8:40	0.2	5:50	6:03	
23	Fri	3:00	3.1	3:34	2.6	9:38	0.1	9:49	0.0	5:48	6:04	
24	Sat	4:06	3.2	4:38	2.9	10:40	-0.1	10:55	-0.1	5:47	6:05	
25	Sun	5:06	3.3	5:35	3.1	11:36	-0.2	11:56	-0.3	5:45	6:06	
26	Mon	6:01	3.4	6:28	3.3			12:29	-0.4	5:43	6:07	
27	Tue	6:52	3.5	7:17	3.5	12:52	-0.4	1:17	-0.5	5:42	6:08	
28	Wed	7:41	3.4	8:05	3.6	1:43	-0.5	2:03	-0.5	5:40	6:09	
29	Thu	8:28	3.3	8:52	3.6	2:32	-0.5	2:47	-0.5	5:38	6:10	
30	Fri	9:15	3.2	9:38	3.5	3:19	-0.4	3:30	-0.3	5:37	6:12	
31	Sat	10:02	3.0	10:25	3.4	4:06	-0.3	4:13	-0.1	5:35	6:13	