

Ponquoque Point, NY - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:47	3.4	5:11	3.2	11:12	-0.1	11:31	-0.2	6:20	4:47	
2	Fri	5:40	3.6	6:03	3.3			12:09	-0.2	6:21	4:45	
3	Sat	6:29	3.8	6:52	3.3	12:21	-0.3	1:01	-0.3	6:22	4:44	
4	Sun	7:16	3.8	7:40	3.2	1:08	-0.3	1:50	-0.4	6:23	4:43	
5	Mon	8:02	3.8	8:27	3.1	1:54	-0.3	2:37	-0.3	6:24	4:42	
6	Tue	8:48	3.7	9:14	2.9	2:38	-0.2	3:23	-0.2	6:26	4:41	
7	Wed	9:35	3.5	10:01	2.8	3:22	-0.1	4:09	-0.1	6:27	4:40	
8	Thu	10:21	3.3	10:50	2.6	4:07	0.1	4:57	0.1	6:28	4:39	
9	Fri	11:09	3.1	11:40	2.5	4:55	0.3	5:49	0.3	6:29	4:38	
10	Sat	11:59	2.9			5:49	0.5	6:44	0.4	6:30	4:37	
11	Sun	12:33	2.4	12:51	2.7	6:51	0.6	7:42	0.5	6:31	4:36	
12	Mon	1:29	2.4	1:47	2.6	7:55	0.7	8:36	0.5	6:33	4:35	
13	Tue	2:27	2.4	2:44	2.5	8:57	0.7	9:25	0.4	6:34	4:34	
14	Wed	3:23	2.5	3:40	2.5	9:52	0.6	10:10	0.4	6:35	4:33	
15	Thu	4:14	2.7	4:31	2.6	10:43	0.5	10:52	0.3	6:36	4:32	
16	Fri	4:59	2.9	5:16	2.6	11:29	0.3	11:32	0.2	6:37	4:31	
17	Sat	5:41	3.1	5:59	2.7			12:12	0.2	6:39	4:30	
18	Sun	6:21	3.2	6:40	2.7	12:11	0.1	12:53	0.0	6:40	4:30	
19	Mon	7:01	3.4	7:22	2.8	12:49	0.0	1:34	-0.1	6:41	4:29	
20	Tue	7:42	3.5	8:05	2.8	1:28	-0.1	2:14	-0.2	6:42	4:28	
21	Wed	8:25	3.5	8:50	2.8	2:08	-0.1	2:55	-0.2	6:43	4:27	
22	Thu	9:11	3.5	9:38	2.7	2:49	-0.1	3:38	-0.2	6:44	4:27	
23	Fri	9:59	3.4	10:29	2.7	3:34	-0.1	4:26	-0.2	6:45	4:26	
24	Sat	10:50	3.3	11:23	2.7	4:24	0.0	5:18	-0.1	6:47	4:26	
25	Sun	11:44	3.2			5:23	0.1	6:16	-0.1	6:48	4:25	
26	Mon	12:21	2.7	12:42	3.0	6:30	0.2	7:18	0.0	6:49	4:25	
27	Tue	1:22	2.7	1:44	2.9	7:43	0.2	8:20	-0.1	6:50	4:24	
28	Wed	2:26	2.9	2:48	2.8	8:53	0.1	9:18	-0.1	6:51	4:24	
29	Thu	3:29	3.0	3:51	2.8	9:59	0.0	10:14	-0.2	6:52	4:23	
30	Fri	4:28	3.2	4:50	2.8	11:00	-0.1	11:07	-0.3	6:53	4:23	