

Ponquoque Point, NY - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:39	3.2	7:00	2.4	12:27	-0.3	1:22	-0.3	7:14	4:32	
2	Wed	7:22	3.2	7:44	2.4	1:13	-0.3	2:04	-0.3	7:14	4:33	
3	Thu	8:04	3.1	8:27	2.4	1:56	-0.3	2:44	-0.3	7:14	4:34	
4	Fri	8:45	3.1	9:10	2.4	2:36	-0.2	3:22	-0.3	7:14	4:34	
5	Sat	9:26	3.0	9:53	2.4	3:16	-0.1	3:59	-0.2	7:14	4:35	
6	Sun	10:08	2.8	10:37	2.4	3:57	0.0	4:38	-0.1	7:14	4:36	
7	Mon	10:51	2.7	11:21	2.3	4:39	0.1	5:17	0.0	7:14	4:37	
8	Tue	11:35	2.5			5:26	0.2	6:00	0.0	7:14	4:38	
9	Wed	12:08	2.3	12:21	2.3	6:19	0.3	6:46	0.1	7:14	4:39	
10	Thu	12:57	2.3	1:11	2.2	7:18	0.4	7:35	0.1	7:14	4:40	
11	Fri	1:49	2.4	2:05	2.1	8:18	0.4	8:25	0.1	7:13	4:41	
12	Sat	2:44	2.5	3:02	2.1	9:17	0.3	9:16	0.1	7:13	4:42	
13	Sun	3:40	2.6	4:00	2.1	10:14	0.2	10:07	0.0	7:13	4:43	
14	Mon	4:33	2.8	4:55	2.2	11:08	0.0	10:59	-0.2	7:12	4:44	
15	Tue	5:24	3.0	5:46	2.4			12:00	-0.2	7:12	4:46	
16	Wed	6:13	3.2	6:36	2.5			12:49	-0.4	7:12	4:47	
17	Thu	7:01	3.4	7:25	2.7	12:42	-0.5	1:36	-0.5	7:11	4:48	
18	Fri	7:49	3.5	8:15	2.8	1:33	-0.6	2:22	-0.7	7:11	4:49	
19	Sat	8:38	3.5	9:06	2.9	2:23	-0.6	3:08	-0.7	7:10	4:50	
20	Sun	9:28	3.4	9:58	2.9	3:14	-0.6	3:55	-0.7	7:10	4:51	
21	Mon	10:19	3.3	10:51	2.9	4:06	-0.6	4:43	-0.7	7:09	4:52	
22	Tue	11:11	3.1	11:45	2.9	5:02	-0.4	5:35	-0.6	7:08	4:54	
23	Wed			12:04	2.8	6:04	-0.2	6:30	-0.4	7:08	4:55	
24	Thu	12:42	2.9	1:01	2.5	7:11	-0.1	7:29	-0.3	7:07	4:56	
25	Fri	1:41	2.8	2:01	2.3	8:20	0.0	8:29	-0.2	7:06	4:57	
26	Sat	2:44	2.8	3:06	2.2	9:27	0.0	9:29	-0.1	7:05	4:59	
27	Sun	3:47	2.8	4:10	2.1	10:31	0.0	10:26	-0.1	7:05	5:00	
28	Mon	4:46	2.8	5:08	2.2	11:29	0.0	11:21	-0.1	7:04	5:01	
29	Tue	5:37	2.9	5:58	2.2			12:20	-0.1	7:03	5:02	
30	Wed	6:22	2.9	6:42	2.3	12:11	-0.1	1:05	-0.2	7:02	5:03	
31	Thu	7:03	3.0	7:23	2.4	12:57	-0.2	1:45	-0.2	7:01	5:05	